



# The Rainbow Journal

October – December 2008

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## To Our Readers

Welcome to our last edition of the Rainbow Journal for 2008. The aim has been to produce the Journal monthly but due to my recent illness publications have been delayed. Wishing our readers the very best for this

festive season and may you keep a positive attitude during these stressful, changing times. Merry Christmas to you all!

Brian Alderson OAM

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## A Christmas Message From Edgar Cayce

*Delivered to the SFG study group 67 years ago but could have been said today.*

In considering the conditions that exist in the world, it is well that those present consider themselves and the means or manners in which they may induce others to consider the object of Christmas - the purpose for which the Christ came into the earth:

First - that the level of man's consciousness might be such that he, man, would be as aware of God as of himself.

Second - as in each of His promises to man - that love might abound; that there would be a CONTINUED communion with God through the Son, who offered Himself as a means of man's approach to the Father.

So, this message to all: Keep that awareness of His presence. For, as He has given, "Lo, I am with you always, even unto the end of the world." And though there may be abroad hate, avarice, selfishness, and those things that make men afraid, - be still within your own heart, your own consciousness, and know that He IS with you.

Then, as you give so do you receive. As He has given, the love of the Father to the children of men is manifested in that spirit of Christmas - Christ-mass - that which may

now be raised to that consciousness, that level above man's way of thought, man's concept of force, power or might; and that the real strength, the real hope, the real contribution is in that still small voice within.

It is not in the tempest, not in the roar or the lore of the might of battle. Though there may be the destruction of life, of property (as is known materially) - no one can destroy the soul but self! NO ONE but SELF!

God has not willed that any soul should perish, but has given even His Son, that brought even into the world that spirit of Christmas.

Let your message be:

There IS hope in Him. For there is the promise through, "Lo, I am with you always, even unto the end of the world." And though the world, the earth may pass away, though it may be burned up, though it may bring destruction to the material things, we look to Him; we know there is safety in Him.

Fear not he that may destroy the body, but rather fear him that may destroy the soul in torment. Then, in love, in obedience, in prayer, follow Him. Let that heart, that mind then be in you as was in Him - "that you love one another." 2081-59

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## The Name of God

Of all the technological advances of advances of the 20<sup>th</sup> century the greatest invention must be the computer. What the computer has done is to duplicate many of the activities of the human brain. For example, computers have input devices such as keyboards and mouses for entering information, which duplicate our senses that send messages to the brain. Computers have the ability to store information through memory cards and central processors to process the information just as our brains

store memories and have the ability to reason and calculate. Computers also have output devices, such as the screen and printer, for communicating to the user just as we communicate through speech and physical gestures.

For the computers to work they must have programs, some of which are 'hard wired' into the computers when they are built so that when the computers are first activated the user can perform certain basic actions. These programs are the equivalent of human

instincts which are 'hard wired' into our brains. Once computers are running, other programs can be added enabling the computers to perform an ever widening range of tasks. This is the equivalent of our ability to learn as we live and grow.

All the programs that are in the computer need to be composed by programmers. Over time various techniques and tools have been developed to assist these programmers to speed up the programming process. One such programming tool is called 'object-oriented programming' (OOP) which is a fundamental style of programming that use 'objects' and their interactions in the program design. Just as our world is made up of objects, so too is the computer programming world. Just as we have archetypes, OOP has classes which detail the basic characteristics of groups of objects. For example, the class 'mammals' are a class of vertebrate animals which, with the exception of a few species, give birth to live young instead of laying eggs. From this class mammal we would have a subclass of 'dog' which defines dogs by listing the characteristics and behaviours they all have. From this subclass we can then create an object such as 'Lassie' to which we would assign properties that are peculiar to her.

Once an object has been created, by writing routines specifically related to it, the object can be used in many different programs having the same objects. Thus in a payroll program 'employee' would be an object which receives a pay and this 'employee' object could also be used in a point of sale program when the 'employee' would be the salesman. This is very similar to the way our brains work in that once we have created an object by giving it a name and assigning attributes to it we can use these names in our thinking processes and communicating to each other.

Two essential attributes or properties of every object which we use in our thinking processes are that they must have names and they must exist, *even if they only exist in our minds* so that we can have an object such as Spiderman or the boogiemán. When we use a word for the object 'Spiderman' we immediately picture a man with certain

characteristics similar to what we have seen on a TV screen or in a comic. Just as a computer program initiates an object, with all its properties, as soon as the word for it is used in a program we too draw a mental picture of an object as soon as we invoke the word for it. We cannot use the object word without creating the object in our minds. Try this for yourself. See if you can say the word 'horse' without picturing a horse. In our mental creation of word objects we attach to it our own special attributes. Take the word 'dog'. As soon as we invoke the word we invoke our own unique dog object which will be different from everyone else's dog for we do not picture the archetype of dog, which has no specific attributes as to size, appearance, colour, etc but we attach to it all the characteristics of a specific dog that the name invokes for us.

Our brains work the same way with every named object. So it is when we use the word 'god' we picture our own special god with the attributes we have attached to it over time. In actual fact there are two different ways in which the word 'god' is generally used. Written in the lowercase it refers to an archetype of a supernatural being and can be used in the singular and plural, so that we have the *gods* of Rome and Greece, for example the god 'Thor', and the many Hindu *gods*. Used in the uppercase, 'God' is a common way of referring to the principal of a sole deity in certain religions, such as Christianity and Judaism which accept that there is only one such Supreme Being.

There are a number of modern day religions that worship a single deity and some of the attributes attached to this archetype deity are common to all these religions. However each religion gives its own 'God' special attributes peculiar to that religion. The consequence is that the Jewish god is a little different from the Christian god and the Muslim god, Allah, is different again from the others. Even though each of these religions claims that there is only one god, each claim that their god is the true one, attaching to it their own special elements, while they hold that the gods of other religions are in some way different. Furthermore each of these religions is divided into different sects, each

of which maintains that they are in possession of the true god. The consequence of this divided attitude towards God is that there has been great conflict and disputes between the religions and their various sects.

Ancient mystics appear to have understood how our brains work and knew that by attaching a label to an object they were in some way encapsulating, or circumscribing it with specific attributes. Consequently they did not impose a name on God but referred to God in unspecific terms such as 'the uncreated', 'the nameless one' or 'the formless one.' By using these vague words they were attempting to avoid giving God attributes. They did not want to attach labels to God for they believed that God is beyond definition, labels and even language itself.

How then are we, as individuals, going to approach this dilemma when we pray and refer to God? Firstly we should keep in mind that God is not a deity who is remote from us. God is in everything and everyone. He is in us and part of us. Therefore what we attribute to God we are attributing to ourselves. If we attach to God some of the attributes which are implied in the Old Testament such as judgmental, jealous, unforgiving and having many enemies, then we are attaching those same attributes to our own souls. However if we attach to God the attributes as declared by Jesus which is that God and love and synonymous we are assigning that attribute to our souls. In fact Cayce stated that God, love and law were all one. "...And love is law, law is love. Love is God, God is Love."

Cayce often referred to God as 'universal consciousness', 'all creative

energy' and over and over again, used the term 'universal', particularly with reference to love for he asserted that our love must be like God's love – universal - extended to all our fellow men rather than just being confined to those near and dear to us.

### FROM THE CAYCE READINGS

*...and making all one with that universal force as is ascribed, in that all-creative energy known as God, who gave self in the Son that man might approach that throne in a way that all may be one in Him, knowing self to be a portion of that whole, yet individual in the gift of the Creator that made each themselves, yet can make themselves a portion of the whole. 31-1*

*And love is law, law is love. Love is God, God is Love. It is the universal consciousness, the desire for harmonious expressions for the good of all, that is the heritage in man, 3350-1*

*For it is ever the NOW - as in relationship of the soul to the universal consciousness, to the universal love – that makes for the awareness of the unfoldments of the inner self with Creative Forces or God in the experience. 1493-1*

*In other words, with what spirit do you declare yourself? That is in conformity with the universal consciousness, the law of love? Or that of hate, dissension, contention - which brings or produces burdens upon thy fellow associates? 2464-2*

*Love is universal, as God. 3573-1*

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## The Purpose Of Life - Happiness

Since time immemorial man has been asking the basic questions about our life on earth. Why we are here? What is a meaning in life? Why is there so much suffering in the world? It is in pursuit of the answers to these questions that form the basis of many religions. Perhaps more than any other religion, Buddhism is associated with happiness. The current Dalai Lama recently

stated "I believe the very purpose of our life is to seek happiness." He said that in order to be a good person and a happy person, it's not necessary to practice Buddhism, or for that matter any religion, because neither is needed for virtuous states of mind such as kindness, love, respect for others and a desire to help them on their personal journeys.

According to Buddhist thinking,

happiness and sorrow are our own responsibility – and completely within our control. True, long term happiness can be achieved through training the mind. Buddhism teaches that the way to happiness is to pursue the activities that lead towards happiness and avoid the practices that cause suffering. A very important doctrine in Buddhism related to this is in the interconnectedness of all human beings, similar to the principle of one-ness as expressed in the Edgar Cayce readings. Because of this interconnectedness we are all affected by each others actions so that we must be careful and take into account the effect our activities have on others to ensure that the actions not only bring happiness to ourselves but also to others. We cannot achieve personal happiness if our activities cause others to suffer.

There are many components to the understanding of the source of happiness and the avoidance of suffering. In particular the searcher is required to develop compassion, which is a fundamental virtue in the Buddhist religion. Other virtues that are required are kindness, tolerance and forgiveness. One is to avoid anger and hatred if lasting happiness is to be achieved. By developing these inner virtues and the avoidance of negative emotions inner happiness can be sustained despite negative conditions surrounding us.

Christians may hold that our purpose in life is to serve God by obeying His commandments. It is through the love of God we experience the Christian version of happiness - 'Christian Joy.' The 15<sup>th</sup> century mystic, Julian of Norwich wrote, "The greatest honour that you can give to Almighty God, greater than all your penances and sacrifices and mortifications, is to live joyfully because of the knowledge of his love."

This joy was said to be the by-product of a deep faith and trust in God. Pope Benedict said "the mystery of Bethlehem reveals the God-with-us, the God who is close to us, not only in a spatial and temporal sense... Christian joy therefore arises from this certainty."

In his readings Edgar Cayce stated "...the pursuit of happiness, - not of

*indulgence or of aggrandizement of the desires of appetites, but happiness in the freedom of serving a living God according to the dictates of the own conscience."* 1977-1. Cayce referred to the difference between transient pleasure and true happiness "*think ... on the difference between Pleasure and Happiness. It is like the spiritual and the material...*" 262-111

Edgar Cayce gave a number of readings to the Virginia beach first study group on the subject of happiness. They are all in the readings numbered 262 and the following are some extracts.

*Only when one has lost sight of self, in the appreciation of the love, beauty and hope in the Creative Forces and their activity, may one indeed know Happiness.*

*To illustrate: The road to Gethsemane, to the minds of those who look upon their own Gethsemane, was as a road of thorns; the perspiration, the sweat of blood and all appear anything but Happiness - yet the kind words spoken, even on the way to Calvary, were indeed those that brought Happiness. And as there were the words from the Cross, these – though filled with all of the horrors of spite, fear, by the very activities of others - were such as to bring Happiness into the hearts and minds of those who seek to know His Way.*

*Happiness, then, is of love divine; manifesting in the experiences as one gives a cup of water in His name, that may bring much greater Happiness than to he that takes a city, or to he that rules even a nation. You each are endowed, to be sure, with power only from one source, but to know Happiness - then - is to do the biddings of the Father; or as He gave, "If you love me, keep my commandments - they are not grievous -"*

*Happiness is abiding in the Infinite love. Then to each individual here there comes the necessity of making Infinite love compatible with the material surroundings day by day.*

*Happiness then is knowing, being in touch with, manifesting in the daily life, divine love.*

*For it is only those who know divine love that know Happiness.*

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## Global Warming – Too Little Too Late?

As the evidence of Global Warming mounts even our greatest sceptics are admitting that this is a man-made phenomenon which is affecting the world's climate and changing the earth's weather patterns to our detriment. In every continent the evidence is undisputable with melting polar ice caps, melting glaciers, unprecedented hurricanes, typhoons, floods, droughts, heat waves etc. Millions of people are already displaced through floods and hurricanes while millions more are facing starvation and disease through crop losses and polluted waters as an aftermath of widespread flooding. Scientific evidence suggests that as global warming increases weather patterns will become even more pronounced as sea levels rise so that what we are now encountering is only the beginnings of great hardships to be experienced by the greater part of the world's population.

World leaders are now acknowledging this phenomenon and there is a now talk of taking steps to reduce the amount of pollution by carbon dioxide from burning fossil fuels seen as the cause the global warming. However even the most ambitious proposals now being considered are only aimed at *reducing the rate* of pollution which, at best, will slow down the warming process and thus delay the full catastrophic consequences by perhaps a few years. For mankind to stop the warming and get earth's temperatures back to where they were a century ago we must not only altogether *cease* any further pollution of the atmosphere but we must *extract* the pollution we have previously sent into the

atmosphere and return it to the earth where it came from. By these drastic measures we may possibly begin to reverse the warming process. We would need to put a halt to the widespread burning of fossil fuels and at the same time conduct a massive tree replanting scheme to replant thousand of square miles of forests, destroyed over the past century, to absorb the carbon dioxide already in the atmosphere. This would require an army of millions of forest workers and our whole life style would need to change with such measures as the abolishing of the internal combustion engines as a power source and putting an end to the uncontrolled, wasteful consumerism as we know it.

Our leaders do not have the will even to consider such drastic measures so it appears that we must prepare ourselves for the devastation that will surely come our way and in the end it may be nature that will use its powers to accomplish what mankind is not prepared to do.

### EDGAR CAYCE ON EARTH'S CHANGES

It does not appear that Edgar Cayce ever touched on the matter of global warming and climate changes but this is most likely due to the fact that he was never asked questions about them. He did however foresee major changes in the coastlines in the United States, Japan and other countries. It was assumed that the changes would be due to earthquakes however it now appears that they could be due to rising sea levels. Only time will reveal the accuracy of his grim predictions.

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## Christ in You

*Continuing the book "Christ in You" published by an anonymous author just over one hundred years ago. It appears that the book was written by automatic writing or with the use of a medium as the narrator is seems to be a discarnate spirit. (The full text in Word format is available on request).*

### ***Eighth Lesson*** **The Glory of God**

We are taking the first cause and tracing its relationship to our present

understanding. You have learnt to say "I am spirit," "I am to create." It would be as well to understand at what period of creation the race now stands, as this will make our immediate work clear to us. The race is at present in its childhood, just emerging in knowledge of the great and only life. The I AM, knowing very little of its true meaning and purpose. You understand that in this lesson we cannot express spiritual verities in words, we can

only attempt to suggest the transcendental reality behind the shadow. The finest earth-music you have ever heard can only suggest real music to you; that highest that it does is to lead you to the heart of the composer, where you catch something of the perfect idea.

I have used this very crude illustration to teach you something of the meaning of God. He is ever beyond our highest ideal. Here, then, is our call to growth. Every stage of development reveals more of God, and every generation of men find Him greater than the last. Today the conception is higher than it has ever been, and yet you see and know only as men dimly groping in darkness and mist. God ever becomes more lovely as vision clears; every height we climb reveals fresh glory, and calls us to follow on with unabated eagerness. And yet His greatness is greatest when it is in accord with the lowliest atom, when the Father-Mother God lifts the meanest thing to a place of safety in the very heart of love. The realisation of this fills us with worship and adoration, for great is our God above all gods.

Jesus Christ revealed God according to your need. The world, like children crying in

the night, and no language but a cry, was answered by the Father; by this name you know and love Him; by this name we understand much more than you do; but God is always willing to help you according to your need. Present understanding reveals something of the law of endless progression, of the fullness of life, of its deeper, richer meanings. Jesus revealed the Christ of God, the hidden spring, abundant, overflowing, perpetual, never ceasing, that your flesh might rest in hope. There is no mystery in this. Full, rich, glorious life should fill every vein – for Christ is your life. Jesus did not draw down life from an outside God. He knew Himself to be the eternal Christ of God.

I think you will see more meaning in the life of Jesus as you live from the innermost of yourself. Humanity, God's eternal son, will one day say: "It is finished," and "they shall all be one." God is everywhere fulfilling Himself; not even a sparrow shall fall on the ground without your Father. As Jesus the Christ was unchanged by the experience called death, even so we here, as there, ourselves, for we have always been and cannot die.

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## Laughter the Best Medicine

Definitions:

1. Coffee (n.), the person upon whom one coughs.
2. Flabbergasted (adj.), appalled over how much weight you have gained.
3. Abdicate (v.), to give up all hope of ever having a flat stomach.
4. Esplanade (v.), to attempt an explanation
5. Negligent (adj.), describes a condition in which you absentmindedly answer the door in your nightgown.

Questions to Ponder

If pro and con are opposites, wouldn't the opposite of progress be congress?

If a kid refuses to sleep during nap time, are they guilty of resisting a rest?

Where do people in Hell tell other people to go?

Last Laugh

A poster read: "God is dead" – Nietzsche. The graffiti underneath read: "Nietzsche is dead" – God

Additions to the book of Genesis

*Newly discovered scrolls have added further text to the Book of Genesis dealing with the creation of man's companions:*

1. Adam said, "Lord, when I was in the garden, you walked with me everyday. Now I do not see you anymore. I am lonesome here and it is difficult for me to remember how much you love me." And God said, "I will create a companion for you that will be with you forever and who will be a reflection of my love for you, so that you will love me even when you cannot see me.

Regardless of how selfish or childish or unlovable you may be this new companion will accept you as you are and will love you as I do, in spite of yourself. Because I have created this new animal to

be a reflection of my love for you, his name will be a reflection of my own name, and you will call him Dog.”

2. After a while, it came to pass that Adam’s guardian angel came to the Lord and said, “Lord, Adam has become filled with pride. He struts and preens like a peacock and he believes he is worthy of adoration. Dog has indeed taught him that he is loved, but perhaps too well.”

3. And the Lord said, “I will create for him another companion who will be with him forever and who will see him as he is. The companion will remind him of his limitations, so he will know that he is not always worthy of adoration. It will be named Cat.”

4. And God created Cat to be a companion to Adam. And Cat would not obey Adam. And when Adam gazed into Cat’s eyes, he was reminded that he was not the supreme being. And Adam learned humility. And God was pleased. And Adam was greatly improved. And Dog was happy. And Cat looked on with cool indifference.

5. Adam said “Lord, I need a helper.” And the lord said “I am going to make you a helper. What would you like your helper to be like?” Adam replied, “Well I want someone that is humorous, witty, intelligent, compassionate, caring, loving, trusting, polite, generous and beautiful.” God paused a moment after Adam’s wish list and told Adam that a companion like that ‘would cost him an arm and a leg.’

6. Adam seemed a little dejected and then brightly replied: “What can I get for a rib?”



“What would I do if I lost my job?”

## Our Closing Thought

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day

by day, preferring as did the Christ who died on the cross rather than preferring the world be his without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!”

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