



# The Rainbow Journal January 2009

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*In Association With:*

Edgar Cayce Australia and  
The Edgar Cayce Society of New Zealand

Website: [www.edgarcayceaustralia.com](http://www.edgarcayceaustralia.com)

Email: [rainbowjournal@live.com](mailto:rainbowjournal@live.com)

Mail Address:

**Brian Alderson**  
**24 Peterswool Road,**  
**Elizabeth Park,**  
**Adelaide,**  
**South Australia, 5113.**

## TO OUR READERS

Welcome to our readers to this first edition for 2009. We begin with the article, "Getting By Giving", which briefly examines the spiritual law on this subject, which one may find difficult to comprehend and put into practice. The article "Creation Versus Evolution" is a commentary following a TV documentary on a US court hearing. "Religion and Spirituality" considers some differences between organised religion and personal spirituality. How do we react when

we are faced with a serious illness? "Learning from Illness" offers a few thoughts as well as notes on my recent experience with prostate cancer. As previously stated, the articles written by the author represent the author's own opinion and are therefore open to question. They are not written to instruct but rather to foster independent thinking. As always your letters and/or comments would be welcome.

Brian Alderson ΩΩΩ

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## GETTING BY GIVING

Probably one of the most difficult spiritual principles for us to understand is the law of getting by giving. Logic tells us that to get something one strives for it and takes it. We recognise possessing as ownership on the material level and follow the maxim that 'possession is nine-tenths of the law.'

However to understand this law we must realise that it is meant to be applied on a spiritual level. One way to understand getting by giving is in the analogy of a tap or water faucet. The purpose of the faucet is to provide water. It cannot get water by keeping what water it possesses inside itself. It can only get water by giving out the water it has so that more water will flow into and through it. The more water it gives out, the greater amount of water it will receive. This is the principle quoted many times in the Cayce readings when he referred to us as being potential 'channels.' Just as the tap can be a channel for the supply of vast amounts of water, we can become channels of vast amounts of love and blessing to others. It is by the unselfish giving of ourselves in the service to others that we receive the spiritual gifts, the gift of love which provides us with a sense of inner security and personal power in whatever environment we find ourselves. And we know that there is only one true source of love. This source is the universe we live in and our concept of God for God is Love. That love is always around us and within us.

When we attempt to secure love from others our channels of love become blocked so that we cannot feel the love that is always

there for us. Only when we shift our intention from getting love and to giving love to others, will we stop feeling empty, alone and lonely.

Giving and sharing love is different that giving for the purpose of getting. Sharing love comes from that channel of love within us, a love that does not need anything back to be fulfilling. When we learn to take loving action for its own sake, we get filled with love so that it overflows.

As we start the New Year we may wish to focus on opening ourselves to the question as to what is for our highest good. We may put to ourselves the question each day, "What action or attitude is for my highest good right now?" As answers pop into our minds, we may take loving action on our own behalf. Then we may notice how peaceful and fulfilled we feel, as we receive the fruits of love as we give and share our love and joy with others.

EDGAR CAYCE ON GETTING AND GIVING

*So, as you make yourself a channel for the ministry of patience, hope, brotherly love, kindness, gentleness, making for those fruits in yourself, in your experience in life, you make for the growth in those understandings in Him. 873-1*

*But what is your purpose in this experience? That you yourself, your ego, may be merely satisfied or gratified? Or is it that you may gratify appetites or desires of your body? Or, are you a channel through which the Creative Forces, God, Love, may be manifested in the earth through the gift of the*

*Son in the flesh? That you, in your flesh, in your body, may be a glorifying of those ideals. That is the purpose of each soul. 206-1*

*These then must not be "How much may I get?" but "How much may I give?" For only what an individual gives away does the individual really have! 1264-2*

*There may be opportunities for you, not only to help others, but also to be helped by others. "For all that you may ever keep is just what you give away, and that you give away is advice, counsel, manner of life you live yourself." The manner in which you treat your fellow man, your patience, your*

*brotherly love, your kindness, your gentleness. That you give away, that is all that you may possess in those other realms of consciousness. 5259-1*

*Be joyous. Be happy at all times, and apply in the daily experience that which is not only a desire to be of help to someone else, but also physically help others and it will help self the more - mentally and physically! 386-3*

*... the one maxim 'You give - you get' - not in money, because we made not a nickel but we measure profits and gains by what one aims to get out of life. – EC Comments on reading 2444-01*

*BDA ΩΩΩ*

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## CREATION v EVOLUTION

Recently, the local TV network aired a two-part documentary on a court trial over the teaching of 'Intelligent Design' as an alternative theory to evolution in USA schools. The 2005 court case, *Kitzmiller vs. Dover Area School District*, was a case in Pennsylvania challenging the inclusion of a one-minute presentation on Intelligent Design to precede the evolution curriculum, and the inclusion of the book "Of Pandas and People", a book which supports creationism, in public school libraries. The court ruled that the presentation was unconstitutional and that Intelligent Design was not science.

We do not have the space or the expertise to re-argue the case in the Journal but offer some comments to those interested in this ongoing debate over this controversial topic.

Firstly as with arguments on religious matters the two sides seem to take the extreme positions – either everything evolved from the big bang at the beginning or God created the lot. Some religious fundamentalists, who hold that the Bible is to be taken as the literal truth, hold that creation as described in the Book of Genesis is correct in that the world, very much as we know it now, was created over a period of 144 hours (6 days). When I was young my father, a very religious man, related an argument in his church after scientists found fossils which were carbon dated and purported to be some millions of years old. His church claimed that,

through tracing man's genealogy, as detailed in the Bible, the date of the creation of the universe was determined to occur at approximately 3600 BC. (A sarcastic commentator stated that the universe was created on 5<sup>th</sup> July 3599 BC at 3.30 in the afternoon!) When the fossil findings were published the church claimed that God deliberately planted the fossils to 'test our faith' in the word of God as set down in the Bible.

During the U.S. court case the scientific evidence produced by the plaintiffs on the evolution theory was overwhelming. That is that evolution has been an ongoing process and that much of the present day life on Earth evolved over millions of years from more primitive creatures. One expert for the plaintiff pointed out the fact that man's genetic make-up was the same as that of the great apes, indicating that man had evolved from apes. Rebuttal evidence was however produced that showed that man had one less gene than the apes. After further genetic testing, the plaintiffs were able to show that in man two genes had in fact fused together, so that man and ape started with the same number of genes, supporting the very close relationship between man and the apes.

With this enormous sum of scientific evidence available it is difficult for anyone to deny that evolution has been going on and that all life forms on the earth have been evolving over millions of years. There are

however gaps in the scientists' arguments which have yet to be resolved. One argument put forward by scientists themselves, questions the possibility of the complex life forms which fill the earth having evolved by pure chance and the process of 'survival of the fittest.' These scientists claim that the odds against this chance evolution from the earliest of life forms to modern man is so great that it would be more likely that some guiding influence was involved than humans evolving by mere chance. One scientist described the probability of the evolution of man as occurring by chance evolution from single cell organisms as being the equivalent of putting 20 monkeys in a room with typewriters and waiting for them to come up with the Bible manuscript.

An alternative theory to these polar opposite standpoints is that *both* evolution and intelligent design took place. As an analogy one can consider the question "Was the motor car created or did it evolve?" The answer is that the motor car, as we know it today, *evolved* over a period of more than 100 years yet the concept of an automobile was *created* following the inventions of the electric motors, the steam engine and the internal combustion engine.

The presentations made in the schools involved in the court case had used the term 'intelligent design' rather than creation but that was taken to infer that the designer was God and by assumption the schools were teaching religion. This putting the culpability on God is what man has been doing since the beginning. It is something like the bad kid down the street who gets blamed for all crimes in the area. Whenever man has come across something that is inexplicable then it is assumed that God was the culprit. It is taken for granted that if there was in fact a creator then the creator must have been God. Some imaginative thinkers have come up with an alternative theory on how we got here. They claim that when the animal life on earth evolved much to the point where it is today, beings from outer space came to the earth and genetically engineered certain apes to give them a higher intelligence and modern day humans are the result. After all, they argue is there any more proof that God was involved

in creating man than beings from outer space?

The theory that we are in fact souls, or spirits, inhabiting human bodies has never been considered by science simply because there is no tangible proof. Nor will there ever be physical proof of our souls for one cannot prove the existence of spiritual entities, which by their nature have no material substance, through physical means.

In the Book of Genesis there are two stories on the creation of man. In Genesis 1:26:27 it is written "And God said, Let us make man in our image... So God created man in his own image, in the image of God created he him; male and female created he them." This was on the sixth day after which God rested. Then, apparently later, as written in Genesis 2:7 "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became *a living soul*." From these two accounts it could be inferred that the man, as a body, was fashioned by evolution through the animal kingdom, but the spirit or soul which inhabits the body was the breath of God when He breathed His own spirit into us.

This is very much what Edgar Cayce stated in his readings. The mineral, vegetable and animal kingdom evolved from the gases that formed the sphere of earth – just as the scientists described evolution. However Cayce stated that from the beginning there was this 'Creative Energy' – the driving force of evolution. When the time was right man – that portion of God we call the soul – inhabited the earth. These spiritual beings entered the earth through physical bodies and we will do this for life after life, until "...the body-mind is made perfect for the soul, or the body-celestial again."

#### FROM THE EDGAR CAYCE READINGS

*When the earth became a dwelling place for matter, when gases formed into those things that man sees in nature and in activity about him, then matter began its ascent in the various forms of physical evolution - in the mind of God! The spirit chose to enter (celestial, not an earth spirit - he hadn't come into the earth yet!), chose to put on, to become a part of that which was as a command not to be done! Then those so entering must continue through the earth until*

*the body-mind is made perfect for the soul, or the body-celestial again. 262-99*

*The earth's sphere, with the first creation in the mind of the Creator, has kept its same Creative Energy, for God is the same yesterday, today and forever, and same in one creation creates that same in the other creation. One keeps right on through with the other, see? Now, as this mass has pushed up into that wherein it reverses itself, as it were, making then its own environmental condition, and the survival of the stronger of these came to that as the animal kingdom, see? Now, as this came into the animal kingdom, then correct is that as is said, "God said, we will make man." Then man, the creation in itself, that combining all of the forms of creation so far created, that that same force might understand by having passed through that same creation as was necessary to bring up to that dividing point between man and animal and plant, and mineral kingdom - given then the will, and the soul, that it might make itself One with that Creation. Now, that will, then, is heredity. That environment is the evolution.*

*There you have reincarnation, there you have evolution, there you have the mineral kingdom, the plant kingdom, the animal kingdom, each developing towards its own source, yet all belonging and becoming one in that force as it develops itself to become one with the Creative Energy, and one with the God. The one then surviving in the earth, through mineral, through plant kingdom, through the vegetable kingdom, through the animal kingdom, each as the geological survey shows, held its sway in the earth, pass from one into the other; yet man given that to be lord over all, and the only survivor of that creation. 900-340*

*Considered as a whole the Life Readings given by Mr. Edgar Cayce present a beautiful system of spiritual evolution. The human soul is explained as a significant creation having an important place in the scheme of the universe. Spiritual growth is the keynote of life through recognition, realisation and appreciation of the ONENESS OF GOD. HLC on Life Readings 2265-1  
BDA ΩΩΩ*

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## RELIGION AND SPIRITUALITY

In the previous article on Creation versus Evolution it was mentioned that the US court ruled that teaching creationism or intelligent design was religious teaching because it was not science. Presumably the logic behind the decision was that creation or intelligent design would require a creator or designer – a god, and gods involve religion. Science rejects the theory of a Supreme Being simply because it argues that there is no evidence to support such a theory. For the same reason science does not acknowledge the existence of a human soul or any spiritual form that inhabits the human body.

If one were to ask a dozen people what was the meaning of the word 'religion' there would be a dozen different answers. For many people today religion is 'the opiate of the masses', a form of escapism for people who cannot face up to their problems and blame God for all that is wrong with the world. While three of the five principal

religions today believe in the existence of a single supreme deity, Hinduism believes in many gods while Buddhism does not acknowledge the existence of any at all. Furthermore the religions that acknowledge a Supreme Being do not necessarily also recognise the existence of a human soul.

Edgar Cayce had great difficulty in coming to terms with the concept of reincarnation when he first alluded to it in one of his readings. He had believed the statements in the Bible concerning the resurrection of the body and a Day of Judgment. His readings however referred to our past lives and the continuity of life after death. In his own words "... what the readings have been saying, is foreign to all I've believed and been taught, and all I've taught others, all of my life. If ever the Devil was going to play a trick on me, this would be it." Only after some considerable time and deep internal searching was he finally convinced of

the validity of his readings. However he was not the only one who was skeptical about the information in the readings. In fact according to the book 'The Lost Memoirs of Edgar Cayce' he was tried by his own church for heresy although it appears that the trial was concerned with his medical readings rather than the life readings. This was probably because at the time of the trial he had not begun making life readings.

This long-standing battle between science, heretics and religion has its cause in the basic nature of the major religions. There are numerous definitions for 'religion' and a good broad definition is found in the online encyclopedia Wikipedia. "A religion is a set of stories, symbols, beliefs and practices, often with a supernatural quality, that give meaning to the practitioner's experiences of life through reference to an ultimate power or reality. It may be expressed through prayer, ritual, meditation, music and art, among other things. It may focus on specific supernatural, metaphysical, and moral claims about reality (the cosmos, and human nature) which may yield a set of religious laws, ethics, and a particular lifestyle." Religions such as Christianity have certain elements that tend to make them inflexible and unable to change or accept new revelations.

The following are some of the characteristics of the main religions and Christianity in particular:

- ❖ Founded on ancient documents e.g. the Bible and a religious teacher e.g. Jesus Christ. Without these documents and original teachers the religions would not exist.
- ❖ Founded in the past. Although many of the doctrines and tenets in the Bible are just as relevant today as when they were written the whole basis of Christianity is build on writings and events which took place two thousand and more years ago. These writings, like the Ten Commandments, are 'set in stone' and are unable to be changed or updated. The result is that sometimes statements in the Bible defy logic and do not make sense in this modern world.
- ❖ The religious texts include laws and rules which adherents are expected to follow.

These too are inflexible and are unable to change with the changing times e.g. the way lepers should be treated. The laws are often open to different interpretations causing confusion and disputes.

- ❖ Religions have evolved into organised institutions with structured hierarchies of officer holders e.g. priests, bishops, deacons, laymen, deacons, etc.
- ❖ Each of these institutions tended to embrace the belief that theirs was the only true religion that possessed the truth. They did not accept tenets and doctrines of other religions.

Rather than love being the central theme of the Christian churches, the church leaders in the past tended to create a climate of fear amongst its followers with threats over the consequences of breaking the Church's laws and rules. These leaders portrayed God as a remote Supreme Being requiring intermediaries for communications with its followers. They felt threatened by challenges from science and other religions and claimed that their brand of religion was the only true pathway to God. Throughout history these characteristics have resulted in conflict between the main religions as well as the various sects within these religious.

History is full of accounts of conflict, martyrdom, persecution, wars and open hostility between different religious groups because of these problems and the inherent divisiveness of religions. Even today we are witnessing a number of conflicts and wars particularly in Middle Eastern countries where religious differences are a common element.

From the above we can conclude that religions as '...a set of stories, symbols, beliefs and practices' etc have their inherent weaknesses. Yet those of us who have deeply religious feelings and convictions know that there is much more to religion than what can be defined in a few short sentences. Throughout the ages there have been those who have risen far above the petty weaknesses that these religions are inclined to generate. These people have delved deeply within and found that part of themselves where God, or what Edgar Cayce called in the readings, 'Christ Consciousness', resides. In

other words they discovered their own spirituality.

The Wikipedia encyclopedia defines spirituality as “In a narrow sense spirituality concerns itself with matters of the spirit, a concept closely tied to religious belief and faith, a transcendent reality, or one or more deities. Spiritual matters are thus those matters regarding humankind's ultimate nature and meaning, not only as material biological organisms, but as beings with a unique relationship to that which is perceived to be beyond the bodily senses, time and the material world. Spirituality also implies the mind-body dichotomy, which indicates a separation between the body and soul.”

Here we begin to understand the difference between religion and spirituality. To put it another way, religion is more concerned with the social, the public, and the organised means by which people relate to the sacred and divine while spirituality is a private matter, concerned with our own divinity, or our own personal relationship with the divine. While religion relies on external sources such as ancient religious texts and spiritual leaders for guidance and leadership spirituality relies on our own knowledge that lies deep within ourselves so guidance is sought from within. Often church leaders appear to simply ignore our spirituality. This sentiment was expressed in the following quote from an interview with Anglican theologian Geddes MacGregor for Venture Inwards Magazine: “On the whole, church leaders tend not to be much interested in spirituality and often it is the last thing to interest them.”

Because spirituality is an individual matter concerned with the spiritual side of ourselves rather than the physical it attempts to make us look beyond what our senses tell us and helps us to avoid the pitfalls that organised religion can generate. For example spirituality is always fresh; it is concerned with the ‘now’ rather than past events. A spiritual person is always seeking the ultimate truth, knowing that no one or single religion is in possession of all the truth. Our moral conduct and behavior is guided more by what we know within ourselves to be right and just rather than relying on laws and rules set down

in ancient times. While a spiritual person may be a member of a particular religion the person will not confine himself or herself to the potential divisive nature of religion and accept that all religions have their merit and part to play in this modern world.

While religion has constantly battled with science spirituality can embrace science. As yet science does not accept the existence of the soul but it may only be a matter of time before it does. Science has already discarded the belief in the solidity of matter and as science delves deeper into such field of study as quantum physics and the relationship between matter and energy it is getting closer to the spiritual essence of life.

Edgar Cayce’s readings are steeped in Christian terminology and the Bible is a central reference for quotations in the readings. But while the readings were orientated around Christianity they were always about the spirit of the law rather than the letter. Edgar Cayce never recommended any particular religion and in answer to the question “What church and religion for daily use could best meet and aid my spiritual needs?” He replied “That in which the body has had the most instrumental and material training. Study first to show yourself approved unto the God you would worship, avoiding those things that would beset you in such a manner as to bring fear or doubt within the mental or physical scope of the body...”

According to astrologers the Age of Aquarius which is now upon us comes under an eminently revolutionary sign, and its occult significance is that of knowledge. It is deemed to be a time when the two pitchers of water – science and religion will come together. The age is termed the ‘Doctrine of Synthesis’, the amalgamation of all authentic religions and systems of self realization into one united faith when religion and spirituality will be the same.

#### FROM THE EDGAR CAYCE READINGS

*Now do not mix religious thought with religion, nor Christianity, nor brotherly love, nor that of Confucianism, or Brahmanism, or Taoism, or any ism, but rather that of the awakening of the individual to the truth of the divine heritage in each individual that may respond to that of creative energy in the*

*universal forces of every thought, and that may be applied in the workaday, the material, the spiritual, the social, the everyday life of each individual, whether as to its association with its own household or its neighbor. 254-48*

*(Q) Should I give up all thought of religious work? (A) Depends upon what you call religion! You must live and practice your religion. And, as indicated, the greater contribution is to the moral, marital and*

*spiritual relationships of groups; which you may attain the greater in the writing. 3062-2*

*The Christ Consciousness is a universal consciousness of the Father Spirit. The Jesus consciousness is that man builds as body worship. In the Christ Consciousness, then, there is the oneness of self, self's desires, self's abilities, made in at-onement with the forces that may bring to pass that which is sought by an individual entity or soul. 5749-4*

*BDA ΩΩΩ*

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## Learning From Illness

The Cayce readings have stated that all sickness is a result of sin. *"For, all illness is sin manifested... And all illness comes from sin... Hence as we have indicated, all illness is sin; not necessarily of the moment, as man counts time, but as a part of the whole experience."* It is sin in the respect that we have made errors through our actions that will catch up with us, perhaps in the near future, perhaps in the distant future, or perhaps in a future lifetime. When we have an illness we are meeting these errors; we are experiencing the karmic results of our actions.

Of course illness varies greatly in magnitude, from the minor chills, colds, aches and pains that can simply be caused by being exposed to the weather or by unhealthy habits or they can be life threatening such as in the cases of heart attacks, strokes, cancer, diabetes, etc. Usually the minor illness is the result of our recent actions, and we can often trace the cause to its origin e.g. prolonged exposure to cold or overeating causing indigestion. However in the case of serious illness we are usually unable to link the illness to any of our actions or sins. If one gets a heart attack what sin does one relate it to? The family doctor may say that the heart attack may have been caused by decades of cigarette smoking in the past but there is no proof of this.

In the case of cancer and a number of certain other diseases science has found that in many people there is a genetic predisposition to these diseases which may be passed down from parents to children from generation to generation. If that is the case

then would we not believe that our genetic illness is the result of our ancestors sins rather than our own? The Cayce readings would suggest that, as spiritual beings, we choose our own parents and the environment into which we are to be born. We may deliberately select parents having genetic abnormalities that will cause us to be diseased and this illness will be brought on for us to meet our own karma rather than that of our parents.

If, then, we find ourselves with a serious illness how are we to approach the illness? In this generation we are not fortunate enough to have the services of Edgar Cayce but his readings are available to us to give us guidelines on how we are to manage various illnesses. The approach from the readings was an holistic one, taking into account not only the diseased body but also our minds and spirits. Therefore when seriously ill we are not only to seek medical treatment for the body but we are also to maintain a positive mental attitude and become aware that the illness has a purpose for spiritual development.

Just over a year ago I was diagnosed as having prostate cancer. While this news was very distressing it was not as devastating as it could have been because not long before the diagnoses I had learnt that my brother had the same disease diagnosed six years previously. He had then undergone radiation and hormone treatment and all indications are that the cancer is in remission. So rather than me having to face the fear of the unknown, my brother's illness gave me comfort in the knowledge that the disease was not

necessarily terminal. I have now undergone the same radiation and hormone treatment as my brother and am now awaiting results of tests as to the current status of the cancer.

So what have I learnt from this experience so far? Firstly I was quick to realise how interdependent we are. I was not about to face this illness alone but be supported by numerous doctors, specialists, nurses and support people who would guide me through the treatment from the numerous tests, x-rays and scans to the three-months daily radiation treatment and the after treatment follow ups. It also made me aware of how large numbers of people had to work together and cooperate to make available the treatment for me. There were not only the professional people with whom I was in contact but there was also the multitude of behind-the-scenes workers who made it all possible. There were the laboratory staffs, the clerical workers, computer technicians, radiographers, designers and builders of the x-ray, scanning and radiation equipment, the administration staff that kept the hospital operating and even volunteer workers offering transport and hot cups of soup while patients waited for treatment. All these people were involved so that I, and others like me, could get the best possible treatment. These were very humbling thoughts.

As to keeping the right mental attitude, each treatment day I had to walk for some 80 minutes to and from the train stations

and hospital as well as undergo a further 80 minutes travelling on the trains. I found that the walking gave me much needed exercise which helped my general fitness, and the train trips gave me the opportunity to catch up on reading so that I managed to read a number of books over the treatment period.

On the spiritual side, I felt fortunate that this illness came at this later stage of my life when there are no longer children and others dependent on me for material support. While I do not know the karmic cause of the illness I do believe it has its purposes in making us face ourselves, so there is no call to blame God or feel like a victim for this current situation. It is to learn humility and come to realise the impermanence of our earthly lives.

FROM THE EDGAR CAYCE READINGS

*(Q) Will I ever get well?*

*(A) Will tomorrow ever come? This depends upon purposes, aims, desires, hopes and fears? Does the body desire to get well? Is God in His heaven? Are the lives and activities of those you touch helped through your spreading of His word? Do you need to get well? These are all answered in yourself. He withholds no good thing from those who serve Him. Let all remember that, believe it, know it! For it is the truth! Each illness, each disturbance is sin at thy door! 2526-5*

*BDA ΩΩΩ*

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## CHRIST IN YOU

Continuing the book "Christ in You" published by an anonymous author just over one hundred years ago. (The full text of the book is available on request in Word format).

### *Ninth Lesson*

#### **Personality**

Transition from the personal to the universal does not mean loss of identity, but rather a greater individuality. Personality as understood by man is full of limitations. If the disciples were to keep Jesus of Nazareth, they would lose the Christ of God. Jesus knew this and put the temptation of Peter far from him, as He knew His personality was not their

greatest good. I come to reveal the Father, and I will come and abide with you forever: these wonderful words were full of meaning and today come with greater power. Only as Jesus withdrew Himself from their midst, could He come again to all men in His omnipotence.

I have shown you in our previous lesson that spirit is our first and real foundation. It has many channels and modes of expression, but it is the one and only life. Man on the plane of sense has tried to explain with finite mind the infinite wisdom of God. Man has limited the holy one, has dared to speak of God as person. Man, who does not know himself, has tried to explain the whole

of God. In all these things you must live, think, and speak only from the spirit, for the spirit searcheth all things. As you sink deep within yourself, a great meekness fills all your thoughts. You learn of Him who was and is greatest in His meekness and highest in His lowliness. The true understanding of personality becomes clearer to you as you realise your relationship to the whole. Your vision clears; you become filled with holy reverence and mighty hope. Personality is greater than you know, for the weakest person has the whole universe to draw upon – is entirely unlimited.

I say you exist because God is, and all he has is yours. People seem to fail for want

of vitality. The explanation of this: each of you is a trinity, living on three planes – the planes of spirit, souls and body. In most cases there has been an unequal existence on one or more of these planes. You should draw all from the spiritual first, thus feeding the soul covering, and manifestation in the body must follow. Only on earth can man do this great and perfect work. Every spiritual truth brought into manifestation is creative, and all your future is made up by your conquests now. You must consecrate your whole being afresh to God, that He may work His perfect will, bringing harmonious conditions into your life. ΩΩΩ



“I’m sorry for my wrongdoings!”

## OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day

by day, preferring as did the Christ who died on the cross rather than preferring the world be his without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

