



The Rainbow Journal

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TO OUR READERS

Apologies for the delay in sending this issue, which is due more to procrastination than anything else.

Our main article, titled 'The Shift' reflects on the major changes that are taking place in the world around us and in our own consciousness. At no other time in human history have so many changes taken place in such a short period of time to the point where the world our children and grandchildren grow up in will have little resemblance to the one we knew as children.

Archives on the Web

Back copies of the Rainbow Journal are now available on our website:

www.edgarcayceaustralia.com .

As previously stated, the articles written by the author represent the author's own opinion and are therefore open to question. They are not written to instruct but rather to foster independent thinking. As always your letters and/or comments would be welcome.

Brian Alderson ΩΩΩ

THE SHIFT

In response to the article "The Mystery of Music" in our February issue one of our readers referred me to a review of the book titled "The Shift" by Owen Waters. In the book there is a reference to the correlation between chakras and musical scales. Chakras are said to be "force centers" or whorls of energy permeating from specific points in the physical body. There are seven major notes in a scale (representing different rates of vibration) and seven major chakras. The book introduces a third element to this relationship between chakras and musical scales or vibration rates in what is known as 'memes.' These memes are self-replicating units of cultural information forming common trends of thought in a human society. As numbers of spiritually minded people expand their consciousness and adapt new perspectives on life these thoughts, these memes, are communicated and adopted by others through the super consciousness. When these trends of thought reach critical mass, the whole society shifts to this new viewpoint or meme.

The main thrust of the book deals with the belief that there has been a general shift in human consciousness, beginning in the 1960s, and that the number of participants in this shift has been growing at an ever accelerating rate.

Put very simply this latest shift in consciousness is the changing of our perceptions from a material point of view to a spiritual one. As explained by Willis Harman of *Global Mind Change* "We are living through one of the most fundamental shifts in history - a change in the actual belief structure of Western

society. No economic, political, or military power can compare with the power of a change of mind. By deliberately changing their images of reality, people are changing the world." Some see this shift in consciousness as an upward movement in consciousness with the opening of the heart chakra. According to the author and clairvoyant, C. W. Leadbeater "When this centre is fully opened it becomes the channel for Universal Love; what the Buddhists call Mahakaruna or 'the Great Compassion', and esoteric Christians and Theosophists the 'Christ Consciousness'. Once opened, the higher self or immortal divine soul is able to work through this centre. This is probably why in so many cultures the heart is said to be the seat of the soul."

What is most interesting about this reported shift is that it is in line with reports from so many different sources over vast periods of time that the 21st century is the beginning of the greatest age in human history. Nostradamus referred to the next thousand years as the 'Golden Age' when mankind will live in peace and loving harmony. Some claim that we are at the dawn of the seventh day of creation with God's work on earth is nearing completion, and a time when mankind will become one with each other and with God.

In our January/February 2008 issue of the Rainbow Journal there was an article titled "The New Age - of Aquarius" which referred to the new astrological age which we are now entering. Quoting from the article "The constellation of Aquarius is governed by the planet Uranus, which is a completely revolutionary planet. The

sign of Aquarius shows a man with two pitchers of water who is wisely combining these waters. The doctrine of the Age of Aquarius is thus termed the "Doctrine of the Synthesis", the synthesis of all authentic religions and systems of self-realization. In the Aquarian Age dogmatic types of Christianity will cease to be taught, and all dogmatic forms will disappear. In this age science will become religious, and religion will become scientific. Disagreements between science and religion will come to an end, and people will begin to comprehend that both spirit and matter are derived from the same source, and are only modifications of the One Universal Energy. In the Age of Aquarius humanity will have marvelous breakthroughs in many scientific disciplines, including physics, chemistry, astronomy, medicine, aviation, etc. There is ample evidence that this is now taking place with the rapid advancement of technology and science."

The ancient Mayan calendars indicate that many different cosmic cycles converge in December 2012. Mayan prophecies have forecast a period of chaos and confusion in the transition years leading up to this confluence of cycles. This is understandable as the old cycles are ending and many agendas of the old reality are rushing towards resolution and completion. Old issues, suppressed for years, are now bubbling up to the surface, demanding attention and resolution. We see examples of these issues being brought to light all around us. With the election of a black president in America we are witnessing the beginning of the end of racism. The battle for equality of the sexes has now reached a turning point with fewer and fewer countries continuing to repress the rights of woman. Social injustices such as domestic violence, abuse of children in institutions and by clerics now being exposed for the evil that they are. We are now beginning to show a greater respect for our distant cousins in the animal kingdom.

Other significant happenings in these times which are part of the dawning of this age are global warming, economic turmoil and the battle against religious fundamentalism. These events are forcing us to rethink our relationship to each other and to our environment.

Global warming was caused in part by human materialistic excesses and our relentless

destruction of the environment. We are coming to realise that we can no longer continue in the direction we have been heading by continuing our wasteful lifestyles which are destroying our forests and exploiting natural resources at accelerating rates. We are being forced to examine our needs as against our perceived wants in our pursuit of happiness and we are beginning to consider that perhaps we have been going in the wrong direction in this pursuit.

The deepening recession, resulting in massive increases in unemployment worldwide, is forcing us to economise and support one another, bringing us out of isolation from our neighbours. One of the most prevalent health problems in the world's most developed countries is obesity which is caused primarily by excessive consumption of food – most of us simply eat too much. In contrast, during World War II when there was a general shortage of foodstuffs worldwide the general health of people in Britain for example actually improved compared to the years immediately preceding the war. Reasons given for the improved health were the rationing of sugar and butter drastically reducing their consumption resulting in fewer people becoming overweight, the increased consumption of home grown vegetables and the reduced intake of white bread and processed foods resulting in people eating better and becoming healthier. Because of the shortage of petrol, a large number of the population resorted to walking or using bicycles, further improving general health and fitness. So while these times of economic downturns will cause anxiety a side effect may be a healthier population through a more frugal lifestyle.

We are also being forced to re-examine the way we do business with greed by executives and others dealing with OPM (other people's money) no longer being an acceptable criteria for business excellence. While we may point the finger at these people with economic power many of us are partly to blame for our current situation for we have yet to learn the meaning of 'enough.' For example when we invest our money in institutions our main motive is the highest possible return while having little concern over how these returns are earned.

The tension between the Muslim and non-Muslim countries of the world is increasing to a point where we will either have to find a way of

overcoming our differences or face the possibility of the Afghanistan war developing into World War 3.

So we, at this present time are facing many, critical, challenges, but how do we deal with them? While some of us believe we should be going to other countries to help the poor or take a more active role in politics, for most of us at this time it is just a matter of doing the best we can in our present environment. Over and over again Cayce stressed that it was the little things we do day by day that count the most. It is the way we treat the ones around us that is of first importance. The Shift, this great upward movement in consciousness can be achieved by people like us having the right mindset and attitudes so that the good we do will spread like a beneficial virus around the world.

From the Cayce readings:

(Q) If a change comes, in what part of the world can I do the most effective work? And will I travel?

(A) In any portion of the world may the entity do effective work. 1991-1

(Q) As has been indicated through these channels, money is the root cause of the general economic unbalance of our country. Will you give specifically the reasons for this statement and the approach that can be made toward correction of the money order as operated today.

(A) Fear on the part of those who control or direct the investing of capital into channels that give the greater outlet of their characters of outlet. As to how this may be corrected, - it is only through patience, persistence, and a return

to the trust in God, and NOT in the power or the might of self. For those who are hungry care not as to the source of strength or power, until there is the fulfilling of that desired. Unless there is, then, a more universal oneness of purpose on the part of all, this will one day bring - here - in America - revolution! 3976-24

While the evil hours draw near, trust rather in the promises that He will abide with you in the manner you show forth His love to your fellow man day by day. For, if your portion of life and your soul be knit with the life of the Christ, there be then no power that may separate you from those promises and that peace that comes with the knowledge of His life knitted with and in your life day by day. 397-1

Then, in keeping that which is shown day by day, apply your life in that which will bring peace, harmony, glory, knowledge and understanding. For, the kingdom of the Christ is easy, as He has given, to those that would do His biddings; hard to those that would have their way, their will, manifested in the experiences day by day. 397-1

In your ways keep the understanding that the little things day by day make the joyousness of the walking with Him. For, your understanding, your power and might is in keeping the light that you know day by day. As you use what is at hand, so is the knowledge and, the power and the understanding given you for the greater things. Do not be ashamed to do the little kindnesses, for these are the ones that are of the spirit of truth and there is no law against such; hopefulness, faith, kindness, love, mercy, justice. 397-1 *BDA ΩΩΩ*

THE GINGHAM DRESS

A lady in a faded gingham dress and her husband, dressed in a homespun threadbare suit, stepped off the train in Boston, and walked timidly without an appointment in to the Harvard University President's outer office. The secretary could tell in a moment that such backwoods, country hicks had no business at Harvard and probably didn't even deserve to be in Cambridge. 'We'd like to see the president,' the man said softly. 'He'll be busy all day,' the secretary snapped. 'We'll wait,' the lady replied. For hours the secretary ignored them, hoping that the couple would finally become discouraged and go away. They didn't, and the secretary grew frustrated and finally decided to

disturb the president, even though it was a chore she always regretted. 'Maybe if you see them for a few minutes, they'll leave,' she said to him.

He sighed in exasperation and nodded. Someone of his importance obviously didn't have the time to spend with them, and he detested gingham dresses and homespun suits cluttering up his outer office. The president, stern faced and with dignity, strutted toward the couple. The lady told him, 'We had a son who attended Harvard for one year. He loved Harvard.. He was happy here. But about a year ago, he was accidentally killed. My husband and I would like to erect a memorial to him,

somewhere on campus.' The president wasn't touched. He was shocked. 'Madam,' he said, gruffly, 'we can't put up a statue for every person who attended Harvard and died. If we did, this place would look like a cemetery.' 'Oh, no,' the lady explained quickly. 'We don't want to erect a statue. We thought we would like to give a building to Harvard.' The president rolled his eyes. He glanced at the gingham dress and homespun suit, then exclaimed, 'A building! Do you have any earthly idea how much a building costs? We have over seven and a half million dollars in the physical buildings here at Harvard.' For a moment the lady was silent. The president was pleased. Maybe he

could get rid of them now. The lady turned to her husband and said quietly, 'Is that all it costs to start a university? Why don't we just start our own?'

Her husband nodded. The president's face wilted in confusion and bewilderment. Mr. and Mrs. Leland Stanford got up and walked away, traveling to Palo Alto, California where they established the university that bears their name, Stanford University, a memorial to a son that Harvard no longer cared about.

You can easily judge the character of others by how they treat those who they think can do nothing for them.

By Malcolm Forbes. ΩΩΩ

TEARS OF A WOMAN

A little boy asks his mother: 'Why do you cry?'
 'Because I am a woman' she answers.
 'I don't understand' he says.
 His mother hugs him and says : 'and you never will'
 Later the little boy asked his father : 'Why does mommy cry' ?
 'All women cry for no reason', is all that his father could answer him.
 When he became an adult he asked God : 'God, why do women cry so easily?'
 'When I created woman, she needed to be special. I created her shoulders strong enough to bear the weight of the world...
 And soft enough to be comfortable. I gave her the strength to give life, the kind that accepts the rejection that often comes from children.
 I gave her the strength to allow her to go on when everybody else give up. The kind that takes care of her family, despite illness and fatigue.
 I gave her the sensitivity to love her children unconditionally, Even when they have hurt her deeply.
 I gave her the strength to endure her husband in his faults, and to stay at his side without

weakening.
 And finally, I gave her tears to shed whenever she needs them to be shed.
 You see my son, the beauty of a woman is not in the clothes she wears, nor is it in her face or in the way she does her hair.
 The beauty of a woman resides in her eyes.
 It is the door to her heart; the door where Love resides.
 And it is often through her tears that you see her heart go by.'
Share this message...
 Lift the spirit of other women!
 Let the world know that all beings are beautiful!
 To those who have made you smile
 When you needed it the most...
 To those who have made you see the good side of things when you only saw the worst...
 To those to whom you want to say How much you value their friendship ... or simply
thank you for giving me a glimpse of...a better world...
 Have a Wonderful Day !
 Author Unknown. ΩΩΩ

CHRIST IN YOU (Cont.)

Lesson 11

Sin, Separation - Truth is the eternal Word

There is nothing new, for truth has had no beginning. As you unfold you have clearer vision and wider spheres of action. You cannot see new truth; that is impossible. Whenever you enter the plane of spirit, prepare yourself by prayer and the consecration of your whole being to God. This is the only safeguard against

false teachers. When there is a threefold cord it is not easily broken. Three souls in perfect unity can do great things for the cause of God and of all men. Let the spirit within you be your only guide. It is for this reason only that we come, that you may know yourselves. Our words can only help as they enable you to do this. Our love for your world is very great. Do not lean on any outside help, however high,

however good. You have already learnt that it is impossible for the mind on man to affect Spirit in any way.

The work to be done in you is far more important than learning from any teacher. Jesus could not do His works of healing while the mind was thinking. There must be silence when God speaks. The Christ within you is the same yesterday, today, and forever. Wait in silence and repose, that Christ may speak, may write upon yourselves His thoughts, His purpose. His designs. Let this mind be in you until not I, but the Christ of God is your only reality. You have known this for many years, but let the old Word speak again, until you feel the thrill, the newness of life, the upspringing of the eternal Son of God.

That sin may be forgiven, there is needed a cleansing, a putting off the old, so that the tender, new realisation of Christ may not be impeded by the opposite of good. Sin and evil must not be confused as they often are. Sin is that great falsity connected with our outer self of the senses; it belongs to separateness and chaos. It would dare to set up its king and make its kingdom in our midst; but the Christ, now consciously real to us, as an inward fact, is greater than we know, and must put all things under His feet. His very life in us is re-creating, making new, of filling with Himself, bringing the soul into unity with God; thus, as of old, driving out of His Father's temple the thieves and robbers by His own right of possession.

There goes out from us a cry of need, a great want, a reaching out to the author of our being. The infinite love is all-sufficient, and from that heart of love comes the healing of forgiveness, such greatness of love, that all is blotted out; since One dwells within who has conquered sin and death.

Learn that sin forgiven is the end of that sin, but not the end of the results – the root is killed and the river of life flows on. The suffering and results of sin can be turned into good. We on this side see something of the compensation of life. The ways of God are perfect, and the soul that is conscious of the living Christ, lifted into unity with the Father, becomes one with the work of redemption, lifting the whole race.

Love is pressing through the very atmosphere round about us and you. Love requires readiness and obedience, and we are called to do its bidding. Are you willing to obey even unto the death of the cross? That cross is the place of your sacrifice for all men. All must go to Calvary, there to become one with the Father. Greater love has no man than this. Love is the atmosphere wherein all that is highest is nourished and fed. Love dwells in every human life, however degraded it may seem to you. Love much, and Christ shall do His work through you, for he loves your world, and will never cease until it has become the kingdom of heaven.

Author Anonymous ΩΩΩ

FROM OUR READERS

Hi Brian, thanks as always for your latest journal and some very thought provoking reading.

The concept of Karma and how it works is one that comes up a lot when dealing with illness and relating it to sin, and unfortunately nearly always leads to blame and judgement. Of course people who fall into that trap overlook the fact that somebody experiencing their karma in action are actually working through a growth experience that can free them from the effects of their previously living against their Spiritually Innate Nature (SIN). Those who pass judgement are perhaps failing to consider that they may be neglecting their own equal or even greater opportunities for growth. So rather than look down upon those suffering illness, or blaming them and so

feeling justified in withholding assistance, at the very least, compassion is called for.

Of course, if experiencing the illness is considered as some form of punishment for sin, then we should not help the person afflicted, as this only reduces their opportunities for salvation from sin??? (tongue in cheek of course). Think of the savings in hospitalisation costs alone – oh wait that is crass materialism isn't it.

I also wonder if there is such a concept as shared Karma, or service Karma, where some individuals perhaps do a little more than their share in service of others. Might this explain why so many saints seemed so afflicted by illnesses, and yet weren't necessarily considered as the worst sinners, but held up as examples to emulate.

Personally I think “judge not...” is the best philosophy with regard to Karma, and instead relate to the person according to who they are, and help them to give their own unique gifts to the world so that we might all enjoy the blessings of afflicted people. Certainly Karma is a concept that need a lot more discussion and open-minded thinking.
Love, Light & Laughter,
GREG & IRENE

EDITOR: Very well put. Karma is not an easy concept to understand, particularly when we look at other people. Karma is generally a case of cause and effect which is a universal law and nothing to do with punishment. When it comes to illness my feelings are that it is often the most spiritually advanced people who are meeting themselves with serious illnesses so we should never consider their illnesses in relation to sin. As you stated much more could be written on this subject. ΩΩΩ

IN A WORD

People will forget what you said,
People will forget what you did.
But people will never forget how you made them feel.

How can one believe in a moral or religious concept and not live it? ΩΩΩ

OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be his without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ