



The Rainbow Journal

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Contents

| | |
|--|----|
| TO OUR READERS..... | 2 |
| FROM PISCES TO AQUARIUS..... | 2 |
| REINCARNATION AND JUSTICE..... | 4 |
| LOVE YOUR ENEMIES?..... | 5 |
| GUIDES ALONG THE WAY..... | 6 |
| WHO MOVED MY CHEESE? – BOOK REVIEW | 7 |
| CHRIST IN YOU – CHAPTER 12 | 8 |
| LAUGHTER, THE BEST MEDICINE | 9 |
| IN A WORD | 9 |
| OUR CLOSING THOUGHT..... | 10 |

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TO OUR READERS

With other matters in mind, regrettably the Journal has taken back seat as far as the author's priorities are concerned. Consequently some months have past since the last issue was completed. So that you can check that you are receiving the latest issues the Journal is now numbered with the last issue covering the months of March and April. All the more recent issues are available on our website:

www.edgarcayceaustralia.com

Continuing on the theme of "The Shift" in our last issue, which examined the beginning of a new age when there is a general raising of human consciousness our first article in this

issue, "From Pisces to Aquarius", looks at our shifting of consciousness from the concept of dualism to the principle of the unity and interconnectedness of the Universe and all that is in it. The book review, "Who Moved My Cheese?" is timely as it is about how we humans deal with change.

As previously stated, the articles written by the author represent the author's own opinion and are therefore open to question. They are not written to instruct but rather to foster independent thinking. As always your letters and/or comments would be welcome.

Brian Alderson ΩΩΩ

FROM PISCES TO AQUARIUS

An astrological age is a time period in astrology which is believed by some to parallel major changes in the earth's inhabitants' development, particularly relating to culture, society and politics. There are twelve astrological ages corresponding to the twelve zodiacal signs in astrology each lasting approximately 2150 years.

The current astrological age is considered to be that of Aquarius while the previous age - the Piscean Age - started approximately 100 years before the birth of Jesus. This was the astrological age denoted by the sign of two fishes swimming in opposite directions. One interpretation of this sign was that it was for an age of opposites when peoples judgements were shaped by the concept of duality. People saw things as pairs of opposites and tended to classify things and people as being one or the other extremes of these two opposites. Examples of this is the perception of friend and foe, good and evil, for and against, black and white, love and hate etc.

An example of this more extreme dualistic perception is in the political arena where peoples' political leanings are said to be right wing or left wing, democrat or republican, national or labour. This is reflected in governments around the world where there are usually two major political parties each leaning towards one or the other of these opposing

political ideologies. One party's policies tend to be 'right wing' while the other tends to the 'left wing'. In parliament the incumbent party sits on one side of parliament house while the other main party sits on the other - in 'opposition.' Rather than working cooperatively for the benefit of the people they represent these two major parties tend to take an adversarial attitude towards each other.

In our courts we have the prosecution on one side and the defence on the other - two opposing legal counsels each working with the object winning the case before the court, with the disclosure of the truth and the pursuit of justice apparently taking second place.

In some of the Christian churches we were taught that there was a continual battle between the forces of good and the forces of evil. Man's lot in the after life, depending on our conduct in this life, is either heaven, an eternal paradise, or the opposite - hell, an eternal inferno.

History over the last two millennium has recorded the destructive results of applying this dualistic judging in our thinking with the consequence that man being in constant conflict with his fellow man. There have been endless wars between differing ethnic groups, diverse religions and between peoples of differing political persuasions. Men of science have died over disputes between religious doctrine and

scientific discoveries.

While the influence under the sign of Pisces refers to the Universal Law of Polarity throughout the ages man has misunderstood the law. In a nutshell, the law of polarity states that nothing can exist in our world without its direct opposite. Thus we cannot have good without its opposite – bad. The same with heat and cold, right and wrong, black and white etc. Each of these polar elements contains the potentiality of the other within its essence. The problem with our application of this law is that we have tended to judge things as the extremes of the opposites rather than realising that all these things that exist fall somewhere between these two extremes.

In this new age we have now entered the astrological sign of Aquarius is that of a man with two pitchers of water combining the two. This is said to symbolise the shift in human consciousness when we are coming to realise that these opposites are but poles of the same thing, that all of life is interconnected and there is an underlining unity in all of nature. There is only one God, one source of Universal Energy, one universe and one mankind. We are all part of this one. As the reality of this oneness dawns on us we begin to realise the utter futility of our conflicts with our fellow men. Where does science come from? Where does religion come from? They both have their origin in God therefore there is no reason to pit one against the other.

Spirit and Matter are but the two poles of the same thing, the intermediate planes being merely degrees of vibration. They show that the all and the many are the same, the difference being merely a matter of degree of mental reflection. Perhaps the best example to grasp the reality of the degrees in polarity is in a thermometer. Heat and cold are identical in nature, the differences being merely a matter of degrees. The thermometer is calibrated in many degrees of temperature, with the lowest point being named "cold," and the highest "hot." Between these two points are many degrees of "heat" or "cold," call them either and you are equally correct. It is only a matter of higher or lower vibrations.

All measure is relative. Light and

Darkness are but poles of the same thing, with many degrees between them. Good and Bad are not absolute. We may call one end of the scale Good and the other Bad or Evil, according to the use of the terms. A thing is 'less good' than the thing higher in the scale; but that 'less good' thing, in turn, is 'more good' than the thing next below it-and so on, the 'more' or 'less' being regulated by the position on the scale.

And so it is on the mental plane. 'love' and 'hate' are generally regarded as being things diametrically opposed to each other; entirely different; unreconcilable. But when we consider from the viewpoint of polarity we find that there is no such thing as absolute love or absolute hate, as distinguished from each other. The two are merely terms applied to the two poles of the same thing. Starting at any point of the scale we find 'more love,' or 'less hate,' as we ascend the scale; and 'more hate' or 'less love' as we descend this being true no matter from what point, high or low, we may start. Through these degrees of love and hate we can arrive at a mid-point where 'love' and 'hate' fade to 'like and 'dislike' and the variances in shade become so faint that it is difficult to distinguish between them. .

It is our dawning consciousness of the fact that all these supposed opposites are only matters of degree of the same thing that enables us to change our outlook. As we understand the principle of polarisation – that these poles of love and hate, good and evil etc. are but degrees of the same thing and the energy behind them comes from the same single source we can better deal with human conflicts and relationships. With this perception of how love can turn into hate we likewise realise that hate may be transformed into love, by changing the polarity in our thinking. Fear may be transmuted into courage and hard things may be rendered soft.

FROM THE READINGS:

None is convinced in that science or religious convictions are one. The first lesson for six months should be ONE - One - One - ONE; Oneness of God, oneness of man's relation, oneness of force, oneness of time, oneness of purpose, ONENESS in every effort - Oneness – Oneness! 900-429

When we have the realisation of His Presence, of our Oneness, it is then that life takes on a new aspect. The oneness is ever existent, but it is our realisation, our acknowledgement of its existence that works the change in us. We are freewill agents in the matter; therefore, we see that whereas God is not a person in the sense that we think of persons, He is at the same time very personal. It was this Oneness with the Father that the Master stressed while on the earth plane in physical form. "I of myself can do nothing; it is the Father within that does the works." Hence, we ever must seek the Oneness or Presence within. It is there. All the guidance, help,

supply, joy, peace, and whatever goes to make life worth living, is within, if we will just realize, acknowledge, and use our great storehouse - God, His Presence. It is when we listen and follow this "still, small voice" that we know the Presence is with us. Truly the Holy Spirit is "God in action."

"Know, O you children of men, the Lord your God is One. Each spirit, each manifestation, either in this, that, or the other sphere, scope, or space of development moves toward the knowledge, the understanding, the conception of that One - Him - God - Jehovah - Yah - All One." 262-4 BDA ΩΩΩΩ

REINCARNATION AND JUSTICE

Whether or nor we believe in reincarnation is not relevant to living a Christian life as taught by Jesus Christ. Many times Edgar Cayce in his readings quotes the last commandment of Jesus "A new commandment I give, that you love one another" and as St Paul explained "for he that loves another has fulfilled the law." This is the heart, the central premise running through the New Testament and the teachings of Jesus Christ.

However while we may be following these Christian principles in the best way we can we cannot help but be affected by what is going on around us with the apparent inexplicable injustices. It is not sufficient to brush these matters off as 'destiny' or 'the will of God' who 'moves in mysterious ways.' Again and again we see apparent evidence of injustice around the world, in our own country, our own neighbourhood and often within our own circle of family, friends and acquaintances. Perhaps then if we were to understand the concept of reincarnation we may accept that there is after all divine justice which extends beyond a single lifetime.

The idea of reincarnation is as old as the hills. Before the body of man was, his spirit was. Two-thirds of the human race actually do accept the idea in principle. The remaining third, in the Christian world at least, have been given hints of it as a law by the reference in the New Testament in which Jesus asks "Whom do

you think I am?" and is answered that he might be Jeremiah or Elijah. But where reincarnation is accepted it is generally only accepted as a *belief*. For it to have universal validity it must be *proven*, for if proven it would change the entire course of human thought. It would give humanity certainty of its future and reveal the justice of God. It would stimulate men to make the world a better place to dwell in so that in the next life we might receive the benefit of our works.

Reincarnation is the secret of the leadership throughout the ages which is as essential to the development of humanity as vitality. As the spirit guides the body so intelligence rules the earth. Genius is a combination of past experience and inspiration. History is the sum of the work of human genius, of those inspired minds who have advanced the cause of mankind. They in all lands and climes have been guided intuitively. The sublime deeds of life are done by individual men who are the servants of the Most High.

The great enemy of truth, of the nature of God and man, is ignorance. The great enemy of man is his own selfishness. Ignorance and selfishness go hand in hand for if we were not ignorant of the effects of selfishness it is unthinkable that we should be so selfish. The great implements of ignorance are the tradition and prejudice which divide mankind by religion, race, colour, creed and beliefs. If the truth of man's universal immortality will

emancipate his mind from ignorance and prejudice, it should be told in the name of God. And with the proof that man's salvation from selfishness lies only in his own efforts toward justice, kindness, love and mercy, in the spirit of humanity and therefore of the whole, in the service of man and therefore of God, we shall come nearer to the fulfillment of the prophesy of old of one God, one humanity, one law and one state in a federation of the world.

Genuine democracy is nowhere indicated more clearly than in the loss of the wealth, the power, the tyranny, the title of the man who may use them selfishly and yet at death can take with him to face the justice of God only that character of himself with which he must live in the next life on earth. From this neither dogma nor ritual can save him, for that which he sows will he also reap. *Based on material in the Edgar Cayce files.* ΩΩΩΩ

LOVE YOUR ENEMIES?

Nowadays the word 'love' is used prolifically in a wide variety of situations having a broad range of meanings. At one end of the spectrum it can mean lust and as a verb denote sexual relations as in 'make love.' while at the other end it can denote deep sacrificial commitment. The following are some of the forms of love as listed in the online dictionary 'Wikipedia', under the heading 'Types of Love':

Courtly love - a late medieval conventionalised code prescribing certain conduct for ladies and their lovers.

Cupboard love - a false or exaggerated affection shown in return for some kind of material gain.

Erotic love - (*eros*) - sexual attraction or desire towards a person.

Familial love - affection brokered towards kinship connections, intertwined with concepts of attachment and bonding

Free love - sexual relations according to choice and unrestricted by marriage

Philia - used in the New Testament, philia is a sentimental or conditional love, i.e. "I love you because..."

Platonic love - a close relationship in which sexual is non-existent or has been suppressed or sublimated

Puppy love - romantic affection that is not "mature" or not "true."

Religious love - devotion to one's deity or theology

Romantic love - affection characterised by a mix of emotion and sexual desire

Lust love - affection characterised by lust. i.e. The desire to satisfy or gratify oneself.

Sacrificial love - the act of sacrificing one's life, or something of great importance solely on the basis of love.

With so many definitions and nuances depending on the subject matter we may ask what Jesus was implying when he quoted the word in what he stated were the two greatest of God's commandments: "Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: Love your neighbour as yourself. All the law and the prophets hang on these two commandments." (Gospel of Matthew 22:37-41). In the Sermon on the Mount Jesus further said: "You have heard that it was said, 'love your neighbour and hate your enemy,' but I tell you: Love your enemies and pray for those who persecute you, that you may be sons of your Father in heaven."

At first thought this commandment does not appear to make sense. How can one love one's enemies? If we loved them then surely they would no longer be our enemies! If we certainly consider them as our enemies can we at the same time love them? Jesus did not tell us to cease treating them as enemies or to make friends with them but he stated we are to 'love' them. When I posed this apparent dilemma to a friend some time ago my friend suggested that the love Jesus was referring to meant *respect*. This interpretation makes a lot of sense and offers a clearer understanding of how we are to treat those we class as our enemies.

Referring again to the Wikipedia the word *respect* is defined as: "... an attitude of acknowledging the feelings and interests of

another party in a relationship, and of treating as consequential for the self the helping or harming of the other....respect does not necessarily imply deference, but a respectful attitude *rules out unconsidered selfish behaviour*. The concept of respect predates, and does not rely on, the existence of the concept of rights." So in dealing with our enemies we may have hostile feelings towards them, for whatever reason, but we must always respect them. That is we must remember that in the eyes of God they are our equals, the same as our brothers and sisters for "He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous." As Cayce stated: "for God is not a respecter of persons as is man." 2427-1 "...there is no respecter of persons in the eyes of Him who gives to all life, love, hope, truth, liberty, and understanding. For He is Lord of all." 1286-1

Because we have classed some people as our enemies that fact in itself does not give us any special rights nor does it give any

justification for our actions. Note in the definition of 'respect' the phrase '*as treating as consequential for the self the helping or harming of the other.*' Thus, because God is 'no respecter of persons' we will be held to the same accountability for any harm we inflict on our enemies as if those persons were our friends or family.

Applying the definition 'respect' to love when as it was used by Jesus gives us a clearer understanding of what he meant and a guideline on how we are to behave when dealing with our fellow men. Not only are we to love (respect) our family and friends but we are also to love (respect) those that are not friendly to us, those who we feel have caused us injury or hurt. We are to put our trust in God with sure hope that our kindlier attitude towards our enemies will help to sooth our negative relationships and where there are injustices we will leave the punishment to God for "Remember, vengeance is the Father's - not thine." 1120-3 - BDA

GUIDES ALONG THE PATH

In our search for God where is the best place to look for the right directions and guidance? In the Christian world the Bible may be considered as the pathfinder, while to a Muslim the source of knowledge of God is the Koran and for the Jew the answer would be the Torah. Many followers of these religions believe that these sacred documents hold the words of God, either given to the writers directly by God or written by those inspired by God. In either case they believe that because these texts have their origin in God they are the ultimate truth and therefore should not be challenged.

Even if were true that the original writings were directed by God, what we have today, in the modern day Bible in particular, are very different texts from those of the original documents and even the original documents may not have been totally accurate records of events and discourses. According to Bible scholars the text of the Old Testament was written mostly in Hebrew while small portions were written in Aramaic, which was the day-to-

day language of Israel around the time of Jesus. Most Bible scholars concur that the New Testament was written in Greek even though Jesus and his disciples would most likely have spoken in Aramaic so errors, however minor could have occurred in the original conversion from Aramaic to Greek. Furthermore these early documents have undergone a number of translations into different languages before the publication of the modern day versions we read today. For centuries Catholics used the Latin translation of the Bible while, for most the last four centuries, the leading Bible for non-catholic English speaking people has been the Authorised King James Version, first published in 1604. The problem with the King James Version is that many words used in this translation have now become obsolete and people nowadays find it difficult to read. Numerous updated versions have since been published but there are surprising number of variations in their wording and content.

While great efforts have been made by most translators to preserve the assumed

original meaning behind the early texts it would be very difficult for translators to get into the minds of the writers to catch the intention of the various authors' writings. Furthermore the scope of available words to express meaning in those times, some two thousand and more years ago, was much more restricted than as against the vocabulary available to us today. Because of the comparative scarcity of words available to the authors in ancient times to express various forms of philosophical or religious thought, based on a their mystical insight into the divine, they were obliged to make great use of metaphors and images in an attempt to communicate their knowledge to the readers of that time. The audiences of Jesus were mostly simple peasants, herdsman and fisherman, who would have had little if any education particularly in matters of a philosophical nature, consequently Jesus was often obliged to rely on parables in an effort to get His messages across. Also many of these ancient writings reflect the culture at the time they were written consequently modern day readers, living in a very different environment, may experience difficulty in grasping the underpinning significance of some texts. For example a great portion of the populations in biblical times were farmers and shepherds so many of the stories revolve around shepherds and sheep and planting and harvesting of crops. Thus when the bible refers to a sacrificial lamb modern day readers may relate this to buying some lamb chops from the local supermarket for a 'barbie'.

If the Bible is language is encroached in metaphoric and symbolic terms how then does the modern day reader interpret the texts to get to their true meaning? I for one have found great difficulty in understanding much of the Bible, particularly the Old Testament and the Book of Revelations. In fact most of my understanding of the Bible has come from commentaries and books about the Bible rather the Bible itself. In this respect the Edgar Cayce

readings are a great source for this understanding. For instance one of the most enlightening books I have read interpreting the Book of Revelations is "Edgar Cayce on the Revelations" by John Van Auken. This book is a powerful study guide of Edgar Cayce's unique interpretations and gives explanations of the spiritual meanings behind the great amount of symbolism used throughout the Revelations.

While we Bible and other religious books can be of great inspiration and guidance to us as we move along the path in our search for God we are reminded by Edgar Cayce that the true source of knowledge and understanding resides with us and the application of what we know is more important than the knowledge itself.

FROM THE READINGS

(Q) What present printed version of the Bible gives the nearest to the true meaning of both the new and old Testaments?

(A) The nearest true version for the entity is what you apply of whatever version you read, in your life. It isn't that you learn from anyone. You may only have the direction. The learning, the teaching is within you. For where has He promised to meet you? Within the temple! Where is that temple? Within! Where is heaven or earth? Within! Meet your Saviour there. For He has promised, "I stand at the door - open it! If you open, I will enter and sup with you." Again, "If you will open I will come in - and I and the Father will live with you."

There have been many versions of that which was purposed to have been written, and has been changed from all of those versions - but remember that the whole gospel of Jesus Christ is: "Thou shalt love the Lord your God with all your mind, your heart and your body; and your neighbour as yourself." Do this and you shall have eternal life. The rest of the book is trying to describe that. It is the same in any language, in any version. 2072-14 BDA ΩΩΩ

WHO MOVED THE CHEESE – BOOK REVIEW

My son regularly visits second-hand special interest in personal development and self-bookshops in search of books related to his help. A number of the books he buys have

previously been best sellers. One of the books he recently brought home I found stimulating and particularly relevant to these turbulent times was the book entitled *Who Moved My Cheese?* by the best selling author, Dr. Spencer Johnson. This small book, which can be read in an hour, looks at how we, supposedly intelligent, rational human beings, deal with change.

Allegorically, *Who Moved My Cheese?* features four characters; two mice, and two little people who live in a maze, a representation of our environment, and look for cheese, representative of happiness and success. After searching through the maze both the mice and the men have found their cheese. All have found what they were seeking and for a time all is well as they make their way each day through the maze to the source of the cheese. However one

day both the mice and men when arriving at the cheese station find that there is no cheese (for, in fact they had consumed it all). The mice, being simple creatures did not dwell on the problem but immediately set off elsewhere in the maze to search for a new source of cheese. However the men on finding no cheese become angry, annoyed and looked for someone to blame for the disappearance of the cheese. They decried the fact that they have been victimised, and demanded an answer to the question "Who moved my cheese?"

The rest of the story deals with how the two little men and the two mice deal with this change in circumstances and the lessons to be learnt along the way. The book "Who Moved My Cheese?" is still available from major Australian bookstores and online. ΩΩΩ

CHRIST IN YOU

Twelfth Lesson

"He That Hath Seen Me Has Seen the Father"

Heaven is not a place to which you go; it is just where you are. You can enter heaven NOW. Good men and woman from time to time have made this discovery, and henceforth "All is well." They have ceased to hurry, for the journey is over. They are no longer pilgrims and strangers, but children in the Father's home. The first thing we understand when we awake is, that there has not been any journey, or passing over and through vast spaces. We are just where we always have been – at home, alive for evermore. There is no separation from anyone we love, or from any good that is ours. To enter heaven is to be lifted into a larger consciousness of God, and in this consciousness we possess much more really all those whom we love. We are nearer to you, and we often talk together. There is no parting but only greater unity. No belief in distance and space is possible on the spiritual plain. I can only remember it when I with to understand your conditions. In the clearer light we can no longer hold the idea of limitations. All is ours and all is yours. To become spiritually minded is life and peace. No suggestion of the carnal mind can ever produce good.

Thank God for the secret stir of life on your earth, like the sap in the tree, sending forth life exultant into every part. A glorious liberty is opening up before you. The captives are being set free, old bonds are bursting, fetters of ancient creeds are being snapped asunder. Be not dismayed, the battle is God's. Do not hug your chains; let go. Yield to the highest within you. And so become one with the great good, pouring forth healing and blessing through every waiting channel. The whole race is being lifted on to a higher plain. This work is going on in your very midst. We are full of thanksgiving at the thought that you may know the freedom of the children of God. Conscious union with God is your whole salvation; spirit, soul, and body. The knowledge of God's oneness with man, with you, is the open door to freedom. Jesus came to show you the way, for Christ is the Way.

I see you have not understood me about mind and thinking. This is a very wide subject. I can give you only the main points. The sense mentality, that delicate medium for spiritual truth, has shared in falsity – separateness – when it should have been the perfect channel for

the one and only mind. Crammed by false thinking from the outer, it should have remained open to the divine inner and the only real, fed from the higher source, the real bread and the true blood, which is Christ. It is the power to bring into subjection all sense perceptions, all false minds, alive in every part of the body. Every atom of your body should be under control, lest the hand, foot, or brain should gain supremacy, rule you, and bring about confusion.

The sense of separateness in every sense is your great enemy. We beg you to let the mind of the Christ control. It is wisdom, it is love, and it is unity. Let this mind hold you, control you – sweeping through the outer body of flesh as its lord and king; so that each breath shall rekindle and glow. even the very dry bones shall reunite and breathe. So shall you die to sin and the sense of separateness, but live unto Christ. You will read and understand in your hearts. ΩΩΩ

LAUGHTER THE BEST MEDICINE

CRAZY LABELS

Nowadays manufacturers of consumer products are so scared of being sued over their products they have gone overboard with labelling, as the following proves:

On Tesco's Tiramisu dessert (printed on bottom) -- "Do not turn upside down."

On Sainsbury's peanuts -- "Warning: contains nuts."

On Marks & Spencer Bread Pudding -- "Product will be hot after heating."

On a Sears hairdrier -- Do not use while sleeping.

On packaging for a Rowenta iron -- "Do not iron clothes on body."

On Nytol Sleep Aid -- "Warning: May cause drowsiness."

On many brands of Christmas lights -- "For indoor or outdoor use only."

On a Japanese food processor -- "Not to be used for the other use..."

On an American Airlines packet of nuts -- "Instructions: Open packet, eat nuts."

On a child's Superman costume -- "Wearing of this garment does not enable you to fly."

GETTING OLD:

Just before the funeral services, the undertaker came up to the elderly widow and asked, 'How old was your husband?' '98,' she replied. 'Two years older than me' 'So you're 96,' the undertaker commented.

'Hardly worth going home, isn't it?' she responded.

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But.....

By the time I got my leotards on, The class was over!

These days about half the stuff In my shopping cart says, ' For fast relief.'

ONLY THE IRISH

Paddy was driving down the street in a sweat because he had an important meeting and couldn't find a parking place. Looking up to heaven he said, "Lord take pity on me. If you find me a parking place I will go to Mass every Sunday for the rest of me life and give up me Whiskey!"

Miraculously, a parking place appeared.

Paddy looked up again and said, "Never mind, I found one."

Remember This:

You don't stop laughing because you grow old, You grow old because you stop laughing!

IN A WORD

People will forget what you said,
People will forget what you did.
But people will never forget how you made them feel. ΩΩΩ

Try in your own experience, each; that you do any; and see what such a day would bring to you
not speak unkindly of anyone for one whole day; Edgar Cayce Reading 262-106
that you do not say a harsh word to any, about

OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Christ who died on the cross rather than
Lord your God with all your heart, your soul, preferring the world be his without a struggle.
your mind, your body, and your neighbour as Know, then, that as He had His cross, so have
yourself.’ The rest of all the theories that may be you. May you take it with a smile. You can, if
concocted by man are nothing, if these are just you will let Him bear it with you. Do it!”
lived. Love your neighbour as yourself in the 3976-29 ΩΩΩ
associations day by day, preferring as did the