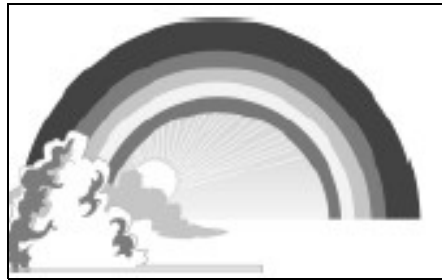


Journal on Personal and Spiritual Development



The Rainbow Journal

No. 26 - Oct/Nov 2009

Contents

TO OUR READERS.....	2
HABITS – WHERE DO THEY LEAD US	2
MIND IS THE BUILDER – PROVEN	5
HOW TO BE LIKE JESUS	7
THE MAN AND THE EAGLE.....	7
THE “SECRET” OF EDGAR CAYCE	9
THE SHIFT IN FINANCIAL VALUES	10
CHRIST IN YOU – CHAPTER 13	11
OUR CLOSING THOUGHT.....	12

In Association With:

**Edgar Cayce Australia and
The Edgar Cayce Society of New Zealand**

Website: www.edgarcayceaustralia.com

Email: rainbowjournal@live.com

Mail Address:

**Brian Alderson
24 Peterswool Road,
Elizabeth Park,
Adelaide,
South Australia, 5113.**

TO OUR READERS

Welcome to this, the 26th edition of the Rainbow Journal. Our first article “Habits- Where do They lead Us?” has a brief look at how our lives are mostly controlled by our habits, so we should be developing positive ones. Not an easy task so has to be continually worked at.

The next article “Mind is the Builder – Proven” briefly discusses how the mind has much more power over our bodies than we realise.

The remaining items are from

various sources and, as previously, we conclude with a further chapter in the wonderful book “Christ in You.”

As previously stated, the articles written by the author represent the author’s own opinion and are therefore open to question. They are not written to instruct but rather to foster independent thinking. As always your articles, letters and/or comments would be welcome.

Brian Alderson ΩΩΩ

HABITS – WHERE DO THEY LEAD US?

It is well known that we humans are creatures of habit. Practically everything we do, and much of our thinking, is the result of habits we have formed in the past. Even our skills and abilities are acquired through repetition of actions and thoughts which form habits. Habits are so easily formed that we can acquire them without realising we have done so. Even such things as checking our hair every time we pass a mirror or getting annoyed after waiting two minutes in a checkout queue are habitual responses rather than conscious reactions to the current event. A recent study in the U.S. found that over 90 percent of what people do in a day follows a routine, which is another word for a set of habits.

The fact that we do most things by habit is understandable, and in fact it is very necessary. Habits reside in our subconscious, which means that we do not need to give any conscious thought to routine actions to carry them out effectively. A good example of this is our regular activity of driving a car. As we get into the drivers seat we give little thought to inserting the ignition key and starting the car. One foot goes automatically on the accelerator pedal as

one hand puts the car into the correct gear. We drive off smoothly with no thought to the amount of pressure needed on the accelerator. And as we drive along our minds wonder in various directions with little thought over the actual operations of the car. Compare that to the days when we learnt to drive when it seemed nearly impossible to coordinated all the hand and foot movements required to get the car moving! Without this ability to transfer learned actions to our subconscious, life would be unbearable because our mind would be continually racing to think of all the coordinated movements required to perform a task. Multitasking would be near impossible.

So the good news is that our brains have sent all our learnt habits to the subconscious so that the greater part of our daily activities is left to, and controlled by, the subconscious. The bad news is, as one cynical philosopher put it, that most of us have become mere robots. The Russian philosopher, P.D. Ouspensky, claimed that we are asleep most of the time and are 'mechanical' beings in that we are motivated and controlled from without by external circumstances, reacting from

subconscious habits, instead of from our inner center.

Not only are our physical actions controlled by habits but also much of our thinking. How often, when we think of someone with whom we have emotional ties (either good or bad) do we re-run a mental movie of some past incident that affected our relationship? How often, when we see a certain personality or politician on TV do we repeat the same thoughts about the person that we thought so many times before? In other words these thoughts were merely mental re-runs of previous thoughts sitting in our subconscious.

What determines most of our thoughts today is what we thought and did yesterday or in the past. These thoughts have slipped into our subconscious so we no longer think before reacting but just repeat what we thought before. Ouspensky said that the result of this subconscious thinking as 'mechanical' beings is that we become judgmental, opinionated, self-assertive and easily offended.

As has been pointed out by many psychologists the subconscious is not judgmental and it does not differentiate between good and evil thoughts. This means that we can develop bad, negative and destructive habits just as easily as we can develop good, positive and constructive habits. The subconscious will unquestioningly accept them all. It therefore follows that having negative thoughts and dwelling on them can have very damaging consequences. Thus if one allows oneself to think of and carry out an illegal or selfish or hurtful act it may have lasting detrimental consequences. The person has slipped a conscious standard allowing a new neural pathway to develop in the brain (the beginning of a habit). The next time the person encounters similar

circumstances which led to the earlier act the negative choice of action will be easier to make for the pathway has already been laid. The more times the act is carried out the deeper the pathway becomes to a point where the act becomes 'mechanical.' As the Bible puts it the perpetrators have become 'slaves to sin' or in legal parlance 'habitual criminals.'

The Edgar Cayce readings suggest an awareness of how habits are formed and how they can control us. The readings stated that our thoughts and actions today will help in determining how we think and act tomorrow: *"For remember what you do today reflects in what may happen tomorrow and, to be sure, bears fruit in its regular season."* 257-234.

As mentioned, our habits can be good or bad, they can work for us or against us. Thus if we wish to develop spiritually we need to identify and weed out our bad habits by replacing them with positive ones. How can we do this? Here we can again look to the readings for guidance. They repeated over and over that we must first set our ideals which are to be the standards with which we measure our thoughts and actions.

(Q) Have I any habits, or do I indulge in any actions that retard my spiritual development?

(A) *"Who is to say as to what is wrong, or sin, for anyone? As we have indicated, this may be only answered in self. What is your standard? Do you measure up to it day by day? According to your own self-analysis, in accordance with your ideal or standard, so may the judgement be. The doing or not doing may be an error to one, and to another merely a question. But what is your ideal?"* 2271-6

The readings state that we should meditate daily for guidance.

(Q) Give suggestions for overcoming these. (Sinful habits)

(A) *"None better than choosing an hour, an half hour, a twenty minutes of meditation, and seeking to be shown the way. Not just any way, but His way!" 282-5*

(Q) How can good and strong habits be built up, so as to eliminate mistakes and weaknesses?

(A) *"Let that mind be in you as was in Him, - that you will go about doing good, but not as one that is other than equal to the highest, yet in the lowliest manner. For, "He that would be the greatest among you will be the servant of all." 282-9*

We are also reminded many times that it is the little things that count. So it is the little acts of kindness we perform, which develop into habits that are so important. So we should develop habits of always speaking kindly, even when it is hard to do so! Always make a habit of giving a smile to those you come in contact with, whether they be loves ones, your boss or fellow workers, or the person behind the counter.

Speak gently. Smile often. Let the love of the Father through the blessings in Him shine in your life day by day. 1129-2

... a handclasp or a smile often changes the whole trend of a day, a week, a year - even, a life. 2917-1

Smile often. Speak gently. Speak kindly. Go out of the way to do a kind

deed, and you will find that He will walk closer with you, and your life, your purpose will become a glorious thing in this experience. 3376-2

In your ways keep the understanding that the little things day by day make the joyousness of the walking with Him. For, your understanding, your power and might is in keeping the light that you know day by day. As you use what is in hand, so is the knowledge and, the power and the understanding given you for the greater things. Do not be ashamed to do the little kindnesses, for these are the ones that are of the spirit of truth and there is no law against such; hopefulness, faith, kindness, love, mercy, justice. 397-1

These the entity visions, these the entity feels; yet to make manifest in the little things day by day, in its dealings with its fellow men, in sowing the seeds of the spirit of truth, is the manner in which you manifest patience and thus possess your soul, - as in brotherly love, in kindness. As you show yourself friendly, you have friends. 2073-2

So we should constantly work on replacing our negative habits with constructive ones. Replace them with simple habits such as the habit of smiling, of saying kind words, of doing simple acts of kindness and being friendly.

For with what measure you mete, it will indeed be measured to you again. 2073-2 BDAΩΩΩ

MIND IS THE BUILDER - PROVEN

One of the central themes running through the Edgar Cayce readings is that “the mind is the builder” and that “the physical is the result.” To us devotees of Edgar Cayce we accept this theory as do many other 'new age' thinkers. However while we may be believers, up until recently at least, there has been little scientific evidence to back this up. While science has acknowledged that our mental attitudes affect our health and can either accelerate or retard healing it has been held that the mind has little effect on the way our body operates.

In the field of genetics it is known that a gene is a portion of our DNA which contains "coding" sequences that determine what the gene does. The molecules resulting from gene expression are responsible for the development and functioning of all living things. For some time scientists have believed that there is also a non-coding sequence which determines if and when the gene is active (turned on) or inactive (turned off). It was held that the ability to activate/ deactivate the gene was in the gene itself. When a gene is active, coded sequences are copied in a process called transcription, producing an RNA copy of the gene's information. This RNA may then direct the synthesis of proteins that control our bodily processes.

In other words it was believed that we human beings are victims of our own genetic inheritance as we have no control over the activities of our genes.

However scientific progress in the study of quantum physics and epigenetics¹ are revolutionising our understanding of the link between mind

and matter, challenging these established scientific theories.

The renowned cellular biologist and pioneer in the field of epigenetics, Bruce Lipton PhD., maintains that pivotal to this shift in thinking within the scientific community has been ground-breaking insight into the function of genes. “The old vision was that genes are self actualising. But current data reveals that there is no such thing as an on/off function for a gene because genes are blueprints to make proteins, which are the building blocks that give shape to the structure.” says Dr. Lipton.

So there has been a major shift in scientific thought from the belief that we are victims of our biology to that of the ‘new’ sciences showing that we are actually masters of our biology. The shift was from the concept that the genes themselves decided their own behaviour to the proposal that the changes in gene behaviour came from outside the genes. As Lipton put it “Suddenly the emphasis shifted and the issue became, who the heck is reading them(the genes)? It transpires that the reader is the mind. So the mind becomes the all-powerful contractor of the body. The mind tells the cells what it anticipates and the cells go into the blueprint – the DNA – and create what the mind is anticipating.”

Lipton quoted a scientifically proven example of how the mind has power over the body: “It has been statistically established that one third of all medical healings are derived from the placebo effect as opposed to intervention. This means if someone has an illness and takes a sugar pill under the assumption that it’s a prescribed drug designed to cure the condition, a healing will occur one third of the time.

¹ **epigenetics** refers to changes in the behaviour of genes caused by phenomena other than changes in the underlying DNA sequence.

This is a scientifically established fact, which is taught in medical school and what it says is that perception and belief can instigate healing that occurs innately by the body. We have all been endowed with an innate healing ability that has been with us since the evolution of our species....”

Dr. Lipton claimed that we were born with the innate ability to heal, but from an early age our brain patterns alter as we are influenced by those around us and this conditioning overrides our natural abilities. He quoted an example of conditioning: “It is a fact that every child when it is born can swim like a dolphin. If it comes out of the birth canal underwater it is able to swim. We all have built-in an ability to swim. So why do we need to teach children how to swim?” The reason is because the child receives negative programming, so it loses this natural ability. “When an infant is growing up it recognises that when it gets near what is called ‘water’ its parents get very anxious and imply that this ‘water’ is very dangerous....the negative programming shuts off even a given instinct.”

According to Dr Lipton the way to understand why we act the way we do is to recognised that we have two minds - the conscious and the sub-conscious and that we need to shift the belief that we are victims of circumstances beyond our control. “The two minds work in tandem. If the conscious mind is busy thinking about something the subconscious mind will do whatever task is at hand. But this is the critical thing. It will do it according to the program that was put in there, which is often negative and therefore reduces our abilities.”

“I discovered that when we compete the conscious and the subconscious, the subconscious always wins. So we’re functioning 95 per cent of

the day with a more powerful mind that was programmed by other people with limitations that will prevent us from going some place yet we can’t see it unless we purposely become aware of it.”

Dr Lipton held that the way to change our subconscious activities was to change the programs that are in it.

Here we get back to what the Edgar Cayce readings have stressed “Mind is the builder, and the physical is the result.” We have all been conditioned as we grew up and have lost some of the innate abilities we were born with. Perhaps when we were born and in our early years we were one with God, we were in heaven, but fell from that state as we adapted to the physical world. This may be why Jesus said, and Cayce often quoted: “*All must become as little children, would they enter in (heaven).*” and “*Suffer little children to come unto me, for of such is the kingdom of God.*”

However it is never too late to change our ways and our negative attitudes for ‘The mind is the builder.’ The message throughout the readings is that we are to keep our minds focused on our ideals and it is the little bits of mental habits, the acts of kindness and goodwill we do day by day that lead to heaven.

“In your ways keep the understanding that the little things day by day make the joyousness of the walking with Him. For, your understanding, your power and might is in keeping the light that you know day by day. As you use what is in hand, so is the knowledge and, the power and the understanding given to you for the greater things. Do not be ashamed to do the little kindnesses, for these are they that are of the spirit of truth and there is no law against them; hopefulness, faith, kindness, love, mercy, justice.” 397-1

HOW TO BE LIKE JESUS

The following story was downloaded from the internet some time ago. It is purported to be a letter from jail to the writer's mother but unfortunately I have not been able to locate it again and therefore give credit to the author.

I finally get it.

It's not about what we do. What we do flows from what we see and know. It's not about self-development or even 'spiritual growth,' but about whether we are sharing the Father's all-accepting vision and love, making a place for all souls, intentions, and conditions, accepting them wholeheartedly, without resistance, judgement or anger. In his life on earth, Jesus excluded no one from the Father's Love, because the Father does not. Living this way means to go about our day accepting, making a place for, and loving whoever comes and whatever arises, because that's how the Father and the Master embrace everything and everyone-the way of Love.

Imagine going about during your day, keeping nothing in mind but your

intention to make a loving place for whatever arises, for whoever runs into you (or emails or phones you). You are a gentle presence, just as God is, recognising gentle presence in your brothers, just as the Father does, just as the Master does. You naturally do whatever needs to be done, staying focused and at ease as this gentle presence, for yourself and for others.

It's not about seeing something and then deciding to love it, but rather about holding a loving openness all the time, allowing whatever will, to arise within it; not about adding love or subtracting judgement, but about being the Love in which all things may safely arise and know that they are loved.

We are the Father's Presence here.
Author Unknown ΩΩΩ

THE MAN AND THE EAGLE

In our August 2008 issue there was an article titled "Our Dominion Over Animals" in which we briefly discussed our relationship with animals which can involve both fear and love. On the love side we quoted two stories, one being of a 70 year old man who lives with grizzly bears in Canada and the other concerned a boy in Cambodia who loves his pet 6 meter (19 foot) python. The following is another story concerning a man and his love for an eagle.

Freedom and I have been together 10 years this summer. She came in as a baby in 1998 with two broken wings. Her left wing doesn't open all the way even after surgery, it was broken in 4 places . She's my baby.

When Freedom came in she could not stand and both wings were broken. She was emaciated and covered in lice. We made the decision to give her a chance at life, so I took her to the vets



office. From then on, I was always around her. We had her in a huge dog carrier with the top off, and it was loaded up with shredded newspaper for her to lay in. I used to sit and talk to her, urging her to live, to fight; and she would lay there looking at me with those big brown eyes. We also had to tube feed her for weeks.

This went on for 4-6 weeks, and by then she still couldn't stand. It got to

the point where the decision was made to euthanize her if she couldn't stand in a week. You know you don't want to cross that line between torture and rehab, and it looked like death was winning. She was going to be put down that Friday, and I was supposed to come in on that Thursday afternoon. I didn't want to go to the center that Thursday, because I couldn't bear the thought of her being euthanized; but I went anyway, and when I walked in everyone was grinning from ear to ear. I went immediately back to her cage; and there she was, standing on her own, a big beautiful eagle. She was ready to live. I was just about in tears by then. That was a very good day.

We knew she could never fly, so the director asked me to glove train her. I got her used to the glove, and then to jesses², and we started doing education



Not many people get a picture of this proud bird snuggled up next to them.

programs for schools in western

Washington . We wound up in the newspapers, radio (believe it or not) and some TV . Miracle Pets even did a show about us.

In the spring of 2000, I was diagnosed with non-Hodgkin's lymphoma. I had stage 3, which is not good (one major organ plus everywhere), so I wound up doing 8 months of chemo. Lost the hair - the whole bit. I missed a lot of work. When I felt good enough, I would go to Sarvey and take Freedom out for walks. Freedom would also come to me in my dreams and help me fight the cancer. This happened time and time again.

Fast forward to November 2000,

the day after Thanksgiving, I went in for my last checkup. I was told that if the cancer was not all gone after 8 rounds of chemo, then my last option was a stem cell transplant. Anyway, they did the tests; and I had to come back Monday for the results. I went in Monday, and I was told that all the cancer was gone.

So the first thing I did was get up to Sarvey and take the big girl out for a walk. It was misty and cold. I went to her flight and jessed her up, and we went out front to the top of the hill. I hadn't said a word to Freedom, but somehow she knew. She looked at me and wrapped both her wings around me to where I could feel them pressing in on my back (I was engulfed in eagle wings), and she touched my nose with her beak and stared into my eyes, and we just stood there like that for I don't know how long. That was a magic moment. We have been soul mates ever since she came in. This is a very special bird.

On a side note: I have had people who were sick come up to us when we are out, and Freedom has some kind of hold on them. I once had a guy who was terminal come up to us and I let him hold her. His knees just about buckled and he swore he could feel her power course through his body. I have so many stories like that.

I never forget the honour I have of being so close to such a magnificent spirit as Freedom.

Hope you enjoy this.

Roger E. Munding ΩΩΩ

² Jess – Like a small leash *Editor*

THE "SECRET" OF EDGAR CAYCE

By Riley Simmons

What was the secret of Edgar Cayce that made him different from the myriad other trance-speakers, mediums, mind readers, automatic writers - all other psychics of whatever title. Do not all use the self same law or telepathy?

Telepathy is, of course, the normal means of communication between the subjective or subconscious minds of men. Only by quieting or holding in abeyance the objective or conscious mind can information be brought from the subjective mind to our conscious self. This may be done by partial or total hypnotism, induced by self or others.

Very, very rare is the psychic who understands the proper use of subjective intelligence and reasoning. It has long been established that the subjective mind can reason deductively only—under no circumstances can reason inductively.. The subjective mind will take any premise, be it true or false, and carry it to its logical conclusion. . .

The only legitimate use of the subjective mind is for the preservation and perpetuation of the human species. Edgar Cayce knew this law well and never, to my knowledge, violated it. During the last three years of his life I had the privilege of talking with him every week on some aspect of metaphysical law and was given much of his philosophy. This has been supplemented by my own Readings, by studies of other metaphysical systems and by personal meditation.

Few psychics know the true source of the information they receive as mediums. Too many, in all sincerity and for want of facts, ascribe the information to departed souls.

Simple observation, however,

points out the unvarying fact that the information never exceeds the subjective knowledge of the medium and of the person seeking the information or someone en rapport with either.

Edgar Cayce knew this law and would under no condition seek information from a departed relative, friend, saint, or other person of limited knowledge. He was tempted many many times but held to Truth—and therein lies his secret.

Of course it was really no secret; but scarcely anyone took the trouble to find out why the information coming through the Readings so far transcended that of other mediums. The answer is so simple that it may be shocking to many. Most people already know the answer but have failed to realize fully just what happened during a Cayce Reading.

Throughout the time of man's recorded history, there has been only one man who had full access to Omniscience, Omnipresence and Omnipotence. . . and this was Jesus the Christ. . . He came to be known as the Master Metaphysician and is so recognized by all others, yesterday, today and forever. He demonstrated the law of suggestion in his use of the words faith and belief. For these simple words were not easily understood by the average mind than a full explanation of the laws governing such phenomena.

Now Edgar Cayce had read the Bible many times, and his subjective mind had the premise of Truth to work from. In confining his efforts to the preservation and perpetuation of the human species, he used his power in the only legitimate channel open to it.

Edgar Cayce recognized only one source of Truth, and this was the right

one—the Christ Consciousness. He had the ability to attune his consciousness to the knowledge and understanding of Jesus Christ, the true Master.

Edgar Cayce did not call on unknown forces that could turn and destroy him, but held to the one premise: the consciousness of Christ Jesus. In this he contacted telepathically the subjective mind of the person for whom he was giving the reading; and

interpreted the needs of that person in the light of the laws of nature perfectly understood and taught by the Christ.

This was the true 'secret' of Edgar Cayce. **ΩΩΩ**

NOTE: The above is a REPRINT of a former monthly publication of the Association for Research and Enlightenment, Inc.
--

THE SHIFT IN FINANCIAL VALUES

In our March/April issue our main article, titled 'The Shift' reflected on the major changes that are taking place in the world around us coinciding with the dawning of the New Age of Aquarius. One of the major changes taking place at this time is the economic crisis which is affecting us all either directly with job losses, money problems and mortgage or indirectly as these problems affect those close to us. The following article which appeared in the New Zealand Herald on 14th June is timely as it refers to a shift in our attitudes to money.

The global financial crisis is inspiring a major shift in our financial values, and experts suggest it's likely to continue. A powerful, attitudinal change in consumer behaviour means boom-time consumption is giving way to the rise of frugality as people concentrate on paying back debt and living a more measured lifestyle. Almost all those polled in the latest Nielsen consumer confidence survey vowed to maintain prudent new habits even when economic conditions improve.

People are more concerned about community values and social connection over the promotion of individual interests seen during the boom - and epitomised in celebrities like shallow, frivolous Paris Hilton, says KPMG demographer Bernard Salt. "She's a product that could only rise during the good times; she will not survive the downturn," says Salt. "During a boom, it's all about living for the moment - it's a culture of excess, spending. "If you

have confidence in the future, you can live in a sliver of time called the present." But in a recession, we retreat to the security of the family, the herd, the tribe, the community - we repent, we deny what we have done in the past and vow to change and mend our ways in the future.

Like chastened children, we promise to have sustainable and community values. "It's quite biblical when you think about it," says Salt.

He argues the retreat to "real value" evident in consumer behaviour extends to celebrity, and explains the fixation with Susan Boyle³. Boyle is the antithesis of Hilton: middle-aged, plain and talented. "No longer engaged by suburban materialism, we see beyond outward appearances to the beauty of

³**Susan Boyle** a 48 year old Scottish singer who came to international public attention in April 2009, when she appeared as a contestant on 'Britain's Got Talent' singing 'I Dreamed a Dream.'"

her voice. "We're looking at inner qualities; we did not have that perception 12 months ago."

During the 1992 recession, American pop-psychologist Faith Popcorn correctly predicted the occurrence of "cocooning", where people retreated to their homes and invested in decorating. Current local retail sales reflect similar trends happening, with cafe, bar and restaurant takings down while supermarkets, liquor stores and takeaways are doing well.

"You buy a bottle of wine and some pizza and invite some friends home. Being out and about, seeing and being seen, seems immoral and distasteful when there are people out there losing their jobs," Salt says.

Human beings are fundamentally tribal, and even though your personal circumstances may not be threatened, if

everyone around you is affected, that has an effect on your confidence, he says.

Even if your job is secure, your superannuation or pension fund will have dropped in value. There's no doubt that if you're middle or upper middle class, then your property value has just dropped too.

Money mentor Anton Nadilo - author of *Budget Wise Dollar Rich* says average New Zealanders rode the wave of the increase in value of their property during the sustained boom and most of their spending wasn't from cash, it had come from debt. Now they have reached the end of their borrowing potential and are "dematerialising their lives," realising these things are less important than they thought. "The crisis has given them a wake-up call." *By Andrea Milner*
 ΩΩΩ

CHRIST IN YOU

Continuing the book "Christ in You" published by an anonymous author just over one hundred years ago. (The full text of the book is available on request in Word format).

Thirteenth Lesson Christ in You

Do you ask for practical lessons on healing because you want immediate results? I will answer your question, in order that you may attain to the highest. You can appeal on the material plane, and seem to get help quickly; this is because you have been so long under the dominion of the senses. At first, when seeking health from the spiritual plane, you will seem to become worse; always regard this as a hopeful sign. It means the last fight with falsity and shadow. With each attack of the enemy remember that Christ is your life; until finally you die to live, putting off the old man and his dominion, to live anew and for ever, for you have conquered the

last enemy through the Lord Christ. God's work is never uncertain or hurried. It is sure, and is steadily working out good. "Therefore mine own arm brought salvation." "Therefore be steadfast, unmovable, always abounding," and although you seem to make but little headway, you are really growing, even in the darkness of night.

The great master, Jesus, unfolded this aspect in His parables dealing with the kingdom of heaven. The little brown seed sown in the earth is unaware of the sun, until it comes through the darkness of matter, by its own inherent activity, unfolding to receive consciously that which has always been

influencing its growth in the darkness; and yet I say that even the sun would have no power, were it not for the central attraction within the seed. Now we understand something of the meaning of evil and its friendly uses, that the dark earth is the medium for growth; and I can best liken it to the creation of God, which is called evil, always pressing into activity the hidden force within the seed covering.

Without this friendly aid and left to itself, the seed, though perfect, would be non-productive.

The so-called evil has caused the seed to quicken, to bring forth by its very opposition.

Look into nature, for therein is the symbol of every creative process on the spiritual plain.

All that exists is first and for ever in the real world of spirit, of which yours is but the shadow and semblance. When the fullness of time comes, your world will be no longer shadow, but substance, for it will be the kingdom of the Christ, the new heavens and the new earth, one united home. There shall be no parting, for there shall be neither separation nor death, since the former things have passed away, and man and God are one.

ΩΩΩ

OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day,

preferring as did the Christ who died on the cross rather than preferring the world be his without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

