

## Newsletter of Edgar Cayce Australia and New Zealand



# THE LIGHTHOUSE

Issue 2

May 2008



In Partnership With the Association for Research and Enlightenment, U.S.A.

### From our Coordinator

We wish to thank all those who responded to the email and postal circular to past and present A.R.E. Members as well as to those who have contacted us in the past. From your responses we have updated our mailing lists. Please note that while most of our contacts are or have been members of the A.R.E in the United States this is not a pre-requisite for receiving our newsletters and the Rainbow Journal. We welcome the inclusion in our mailing lists of anyone who is interested in the works of Edgar Cayce.

There is no charge for those with email addresses however we request that those of you requiring postal delivery reimburse us for the stationery and postal costs which has been calculated at A\$15 per year. The cost to New Zealand subscribers is NZ\$20. Cheques should be made out to Brisbane A.R.E. Council and forwarded to Edgar Cayce Australia, C/- P.o.Box 3305 Victoria Point West QLD 4165. Thank you for your support on this.

### Obituary

It is with great regret that we advise of the passing away of Edith Ponton the web mistress for the Australian Cayce website for many years. Both she and her husband Roger have consistently and admirably helped to share the Cayce legacy – Edith through information on the website, and Roger through his help to many people interested in making practical use of the Cayce health information.

### Our New Website

With the passing away of Edith, who was our webmaster for many years, we have been obliged to introduce a new website. This is named [www.edgarcayce.australia.com](http://www.edgarcayce.australia.com). Work is now underway at developing this website in which we hope to offer a central point of information for our Australian and New Zealand readers. Information we propose including will be book reviews and books available from our book centre, information on health issues and holistic health practitioners, lists of study groups (as the information becomes available) and details of current activities. We will need to rely heavily on your support to gather much of this information..

### Venture Inwards Magazine

A.R.E. Headquarters in Virginia Beach is planning to place an article about our new Australia New Zealand cooperation efforts in their September/October issue of Venture Inward.

### Study Groups

When Cayce was asked "How can we give Light to the waiting world?" his Source replied, "You must become the Light!" On September 14, 1931, the first of 130 Readings was given telling us how to "**Become the light**". There have been a number of enquiries from our Australian readers over study groups in their areas. This is a problem as our members are spread throughout Australia and New Zealand and few are in close proximity to each other. This is a reason why we want to hear from you if you would be interested in either joining an existing group or starting up a new group. In the latter case we can give you support and advice on how to go about advertising, setting up, and running the new groups. Study Groups are an important aspect of personal development so we would encourage you to make the effort to participate in group study.

In cases where person to person study groups are not possible we can set you on the path to joining an on-line study group. These groups, usually from five to ten people could be from all around the world so membership to such a group can be very interesting.

## Cayce Study Groups in Australia

We currently know of only a few study groups operating in Australasia but with your help we can expand this list, hopefully to include a group near you. If you have a Cayce Study Group anywhere in Australia or New Zealand, and would like to have it advertised here, please e-mail [oliveb@hotkey.net.au](mailto:oliveb@hotkey.net.au) or phone Olive at (07) 3207 7536.

### Queensland

<b>Townsville:</b>	Contact George Wilcox	Ph 07 4721 4289
<b>Brisbane</b>	<b>Moorooka</b> Contact Jan Childs	Ph. 07 3848 7007
	<b>Runcorn</b> Contact Ken Hegarty	(after hours Ph.07 33441549)
	<b>Victoria Point</b> Contact Olive Bell	Ph.07 3207 7536

### New South Wales

<b>Sydney</b>	<b>Strathfield</b> Contact Rosie Maltos	Ph (02)9763 1104
	<b>Coff's Harbour.</b> Contact Sue Hallam	Ph (02) 6651 9049

### Victoria

<b>Melbourne</b>	<b>Tullamarine</b> Contact Donna Crusiz	Ph (03) 93301329
------------------	---	------------------

## Programs in Australia

**Edgar Cayce Centre, 12 Colbet Close Victoria Point, Redland City QLD 4165**

**Ph (07) 3207 7536**

**Sunday 25<sup>th</sup> May, 2pm to 4.30pm**

### **Inspiring Films**

#### **(1) Edgar Cayce The Sleeping Prophet**

There are men and women who populate our dreams, excite our imaginations, shock us, inspire us, and entertain us. Join hosts Peter Graves and Jack Perkins as they present today, the biography of one such man, among the most important people of our century and centuries past. Rare footage, new research and exclusive interviews go beyond the myths to bring Edgar Cayce's story to life.

#### **(2) Edgar Cayce's Life After Death. Presenter Rob Grant**

An inspiring viewpoint from the Cayce Readings, which parallel the near death experiences of many people in recent times. Rob compares the experiences of Dr. Ritchie, who returned after being pronounced dead twice during World War 2 with the Cayce descriptions of life after death. There is much reassurance about the continuity of life throughout the Cayce Readings. Rob is an excellent presenter. Come and be delightfully enlightened.

**Entry by Donation. Afternoon tea included.**

## eGroups From A.R.E. Headquarters Virginia Beach

The A.R.E. eGroup department has announced some new and exciting eGroups that will be offered in the next few months. These groups are designed to enable individuals with hectic schedules to take part at their leisure. Here are some of the groups that will be occurring soon:

**Decision Making Using Your Intelligent Heart**, May 14 - June 10, mentored by Nancy Eubel.

Let rather that fill thy mind and heart which has been given of old, - that it is not who will ascend into heaven to bring us a message, - not who shall come from over the sea that we may hear and heed, - for Lo, the answer to ALL thy problems is in thine own heart! (262-121)

For details: [http://www.edgarcayce.org/egroup/eg807/about\\_intelligentHeart.html](http://www.edgarcayce.org/egroup/eg807/about_intelligentHeart.html)

**Channeling Your Higher Self**, May 28 - June 24, mentored by Henry Reed.

For Details: [http://www.edgarcayce.org/egroup/eg808/about\\_YourHigherSelf.html](http://www.edgarcayce.org/egroup/eg808/about_YourHigherSelf.html)

**The Bible: A Handbook for Understanding Self**, June 4 - July 1, mentored by Robert Krajenke.

... in thy reading of the Scriptures ... Read them not as history, read them not as axioms or as dogmas, but as of thine own being. For in the study of these ye will find that ye draw unto that force from which the writers of same gained their strength, their patience. (1173-8)

For Details: [http://www.edgarcayce.org/egroup/eg809/about\\_understandingBible.html](http://www.edgarcayce.org/egroup/eg809/about_understandingBible.html)

To view our eGroup schedule: <http://www.edgarcayce.org/egroup>.

To add your name to A.R.E.'s eGroup e-mail invitation list: [egroups@edgarcayce.org](mailto:egroups@edgarcayce.org).

## From Our readers

## Personal Astrological Reflections on Jesus

I am not an astrologer but, like so many other people, I enjoy reading and studying about astrology. Since I use it in my life to help improve myself, I find astrology useful as a reflection on the life of Jesus. For instance, astrology assigns the Taurus Sign to the month of May. The Sign symbolises the strong energy of persistence. It is an Earth Sign that represents productive energy, dependability, and strong determination. It is, also, a Fixed Sign, that tends to stabilise its strengths, and does not easily move towards change unless it is definite and has exhausted all avenues.

This reminds me of Jesus' strength. In fact, there are many *signs* of Jesus' Taurean-like abilities! Not that he was born in May, but on reflection, Jesus seems to have personified the best and most positive energies of each Zodiac Sign. Jesus, of course, is the embodiment of the Christ, and he encompasses the whole human experience with the perfection of divine love. From the time he was a young boy, he demonstrated this strength in the Temple at the age of 12. He was determined to follow the path for which he was born in spite of His parents' concerns. He did not change his direction notwithstanding the hardships; he persisted to the very end, when he spoke from the cross, "... It is finished". (John 19:30) Some people may have thought him *stubborn* (like a Taurus). He never gave up on people, even though they were slow to believe, "... How long must I put up with you"! (Mark 9:19) Anyone could depend on him. He was a tower of strength although most abandoned him at the end, save but a handful. Jesus did not forsake us after his death. You think he would have had enough of the human race. No, he came back to strengthen our faith, to help us persist *stubbornly* on our journey back to the Father.

So, for those of us born in May, perhaps we might find it helpful to reflect on how we can take on that Christ energy of Taurean strength and use it positively in our life. There is much in Christ's life to choose and pick. Take your time; after all, a Taurus goes very slowly, but very surely. Well, it's only my reflection,

Rosie, May 2008 

## Questions & Answers From the Cayce Readings

### MEDITATION

Q:- *How can I develop greater spiritual control over the mental body during meditations?*

A:- The more that there is held that the mental and physical body is surrounded by, protected by, that consciousness of the Master that gave, "I will not leave thee comfortless," and the greater the physical can be submerged, the greater will be the activity of the spiritual forces in and through such bodies. 281-5

Q:- *How may we avoid becoming rote in meditation and in our daily lives?*

A :- By visualizing in such manners those meditations that are given out for others, for self; for in aiding others does one aid oneself most. And unless this is so visualized from without self, it becomes rote. But when made, set, or so experienced by the inner self as being an active, living principle within self, it ceases to become rote. 281-15

### SPIRITUAL ADVICE

Q :- *Am I beginning to see auras?*

A :- Beginning to see auras. As life, light, and love – with understanding – is reflected in self, so may there be seen those of the *same* reflection from others. 281-4

Q :- *Please tell me my faults and the best way to overcome them, so I may better serve my fellowman, especially those seeking help in this prayer group.*

A :- Keep that thou hast in hand, adding to thy faith those necessary requirements for the growth that is known in self. Remove farther and farther from selfishness, that thy whole life, thy whole purpose, thy whole aim, may be bound in Him; for he that would have life must *give life, give self* in the service that *brings* life in the experience of others. 281-8

### DREAM INTERPRETATION

Q :- *What is the meaning of the dream I had regarding being handed a cup and spoon, and feeding people with spiritual food?*

A :- As indicated, that it is necessary for much of that which may be given or measured out be in small doses, and not in a manner that would cause the individuals to become antagonistic to that which would be Truth. Know ye, no finite mind may

have all the truth! 281-6

## **HEALTH – REMEDY FOR CONSTIPATION.**

Q :- *Please give a remedy for constipation.*

A :- .....Cathartics (cleansing medicines) are seldom necessary, save those that are a stimulus to the muscular forces of the physical body; as olive oil, Russian White Oil or those that act with the lymph of the circulation. Use these, rather. 281-17

## **Think on These Things**

**Emotions v/s Feelings. *What is the difference?***

"Ego- generated emotions are derived from the mind's identification with external factors which are, of course, all unstable and liable to change at any moment. The deeper emotions are not really emotions at all, but states of Being. Emotions exist within the realm of opposites. States of Being can be observed, but they have no opposite. They emanate from within you as the love, joy and peace that are aspects of your true nature." (Excerpt from "A New Earth. Awakening to Your Life's Purpose" by Eckhart Tolle 2005. )

## **From Our Book Supplies**

### **ON SPECIAL NOW FROM EDGAR CAYCE AUSTRALIA**

#### **Discovering Your Soul's Purpose - Mark Thurston.**

Your soul's purpose is a uniquely creative and dynamic approach to living. It involves special ways of reaching out to serve others and of reaching inward to nurture yourself.

Until you find and live that purpose, your life will feel unfulfilled, no matter how many signs of success you achieve in material life. But your mission **can be discovered.**

Using techniques described in the Cayce Readings and other systems of spiritual transformation, this book outlines a practical, five step procedure for discovering your soul's purpose. By applying these ideas, you will open new opportunities for the fulfilling, joyous use of your soul's talents and abilities.

**Available now until June 30<sup>th</sup>. 2008 (unless sold out earlier) at the special price of AU\$15, posted anywhere in Australia or New Zealand.**

**Send your address and AU \$15 to:**

**EDGAR CAYCE AUSTRALIA**

**C/- PO Box 3305, Victoria Point West QLD 4165, Australia**

**NB. Cheques must be made out to Brisbane ARE Council.**

**Books will be sent by return mail.**

## **Membership of A.R.E. Worldwide.**

**If you are not currently a member of the Association for Research & Enlightenment you may be interested in the following membership benefits:-**

Members receive the bi-monthly *Venture Inward* magazine,

- A bi-monthly newsletter of their choice: *True Health*, *Ancient Mysteries* or *Personal Spirituality*.
- Free access to all the Edgar Cayce readings online.
- Access to the Members' section of the A.R.E. web site;
- Special prices on conferences, courses, tours, camp, and health services;
- 20% discount on A.R.E. Press books, CDs and DVDs.

### **AUSTRALIA/ NEW ZEALAND MEMBERSHIP OPTIONS**

Regular international membership (outside the U.S.): US\$70 per year (\$48 + \$22 for postage).

- Online e-membership: US\$40 per year was created to allow the international members to save the extra cost of postage and to overcome delivery service failures overseas
- E-mail-Preferred Newsletter" for international members: US\$63 per year  
This option is for members who would like to continue receiving *Venture Inward* through the mail, but the rest electronically.

## **How to Contact us:**

## **Australian Coordinator & Lighthouse Newsletter – Olive Bell**

*By Post:* Edgar Cayce Australia Centre,  
C/- PO Box 3305,  
Victoria Point West,  
Queensland 4165.

*Email:* [caycenewsaustralasia@hotmail.com](mailto:caycenewsaustralasia@hotmail.com)

*Telephone* 07 3207 7536

## **New Zealand Coordinator & Rainbow Journal – Brian Alderson**

*By Post:* Brian Alderson,  
24 Peterswool Road,  
Elizabeth Park,  
Adelaide 5113.

*Telephone* 08 8252 8131

*Email:* [rainbowjournal@live.com](mailto:rainbowjournal@live.com)

*Or:* [edgarcaycenz@yahoo.co.nz](mailto:edgarcaycenz@yahoo.co.nz)

### ***SUBSCRIPTIONS:***

E-mail Subscribers: FREE

Australian Postal Subscribers: A\$15 yearly

New Zealand: NZ\$20 yearly

### **OUR MISSION**

The Mission of Edgar Cayce Australia and New Zealand is based on the same mission of the Association for Research and Enlightenment in the U.S.A., which is simply to help people change their lives for the better through the ideas and information in the Edgar Cayce material.

Through our collection of books, newsletters, services, and membership outreach and with our association with the A.R.E., Edgar Cayce Australia and New Zealand are looking to provide individuals from all walks of life, levels of education, and religious backgrounds with tools for personal empowerment and healing at all levels – body, mind, and spirit.