



THE LIGHTHOUSE

Issue 5
September/October 2008



In Partnership with the Association for Research & Enlightenment, U.S.A.

CONTENTS

- ESTHER AND JERRY HICKS IN AUSTRALIA.....1
- SEPT/OCT PROGRAMS IN AUSTRALIA.....2-3
- ARTICLES FROM OUR READERS :-
 - ROSIE -SEPT/OCT ASTROLOGICAL REFLECTIONS ON JESUS.
....3
 - HENRY CONLAN -SEPTEMBER BY THE NUMBERS.....
3- 5
 - HEALTH ASSISTANCE FROM CAYCE ORIENTED
PROFESSIONALS.....5
 - HEALTH AND HEALING.....6
 - SPIRITUAL GROWTH GROUPS IN AUSTRALIA.....6
 - BOOK REVIEWS OF DISCOUNT CAYCE BOOKS
AVAILABLE IN AUSTRALIA.....6-7
 - QUESTIONS & ANSWERS FROM THE READINGS..... 7-8
 - CIRCULATING FILES AVAILABLE IN AUSTRALIA.....8
 - G FILES AVAILABLE IN AUSTRALIA.....8
 - CAYCE THERAPEUTIC GOODS IN AUSTRALIA.....8

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• **ESTHER & JERRY HICKS AUSTRALIAN TOUR**

LAW OF ATTRACTION: a DAY With Abraham-Hicks
See Esther & Jerry Hicks Live for the First Time in Australia.

Sponsored by: Hay House.

Location

Gold Coast QLD :- December 7th 2008

Melbourne VIC: - December 12th 2008

Sydney N.S.W.:- December 14th 2008

Details Phone (02)9669 4299

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Programs in Australia September

Edgar Cayce's Association for Research & Enlightenment

NON PROFIT ORGANIZATION

Meets at

12 Colbet Close Victoria Point

Ph (07) 3207 7536 for more info or to book.

Sunday 28thSeptember, 2pm to 4.30pm

No Charge. Donations appreciated. Afternoon tea included.

Inspiring Films

1. Awaken Your 7 Spiritual Centres (60 mins)

Eastern religions have talked about "chakras" for thousands of years. Information from the work of Edgar Cayce related these chakras to the seven centres of the human endocrine system, and stated that these glands are transducers of energy from a very high vibratory level to our much slower BETA level of physical consciousness. In other words, they are the communication links between our infinite spiritual nature – which Cayce defined as "Love, Law and Life" and our finite human material consciousness.

Cayce's information also described how the prayer Jesus taught His disciples – the Lord's Prayer – addresses these centres as stepping stones to the evolution of our consciousness.

AFTERNOON TEA BREAK

2. Entering the Temple Within (60 mins).

Presented by John Van Auken.

This film takes you into a deeper insight into the outer temples of Egypt, and later the Ark of the Covenant Moses was instructed to build, being symbolic of the raising of the kundalini energy through the physical body through meditation. John shares many concepts from the Cayce material, of techniques to help you to enter into altered states of consciousness - deeper states of meditation. John demonstrates these techniques, and you can practice with him as he demonstrates.

Programs in Australia October

Edgar Cayce's Association for Research & Enlightenment

NON PROFIT ORGANIZATION

Meets at

12 Colbet Close Victoria Point

Ph (07) 3207 7536 for more info or to book.

Sunday 25th October, 2pm to 4.30pm

No Charge. Donations appreciated. Afternoon tea included.

1. Energy Medicine (30 minutes)

Dr. Eric Mein and host Mark Thurston.

AFTERNOON TEA BREAK

2. You Can Heal Your Life. (90 minutes)

Louise Hay and Friends

This film gives penetrating insights into Louise's fascinating personal story and shows how her views on self-esteem, abundance, and the metaphysical causes behind physical ailments were developed. It also reveals how she applies these concepts to her own emotional, spiritual, and professional life.

A number of luminaries in the fields of self-help, philosophy, health, spirituality and New Thought join Louise, giving their take on success, happiness, and the myriad ways in which people can heal their own lives.

ARTICLES FROM OUR READERS :-

ROSIE –SEPT/OCT ASTROLOGICAL REFLECTIONS ON JESUS.

Astrological Reflections on Jesus

Virgo Sign (Aug 22 – Sep 23)

It seems unfair that sometimes Virgos work themselves to exhaustion in the service of others and then get criticised for it. Virgo is such a practical Earth Sign, and most Virgos are sincere in their care of others, but is it possible to overstep the boundaries of care? I suppose sometimes we Virgos might feel like Martha who complained to Jesus, *Lord, do you not care that my sister has left me to do all the work by myself?* (Luke 10:40) Jesus told her that Mary had chosen the best place – she was sitting at his feet, listening to him. No doubt, a psychologist would have a field day analysing this scenario! To be honest, I probably would have felt hurt - is this the thanks I get for caring, for working so hard? Many things are about *choice* – choosing one possibility over another. Astrologer Gail Fairfield says, “Virgo represents the drive to manifest the ideal within the real. Virgo can imagine perfection and is always attempting to reproduce that perfection in physical reality. This leads to its tendency to watch for errors and omissions.” Fortunately for us (humans) Jesus did see the perfection of his Father’s creation and came, not to criticise, but to show us the way. In the Gospel scene, where Martha and Mary are at opposite ends, Jesus seems to be saying that if we choose to do something than to do it willingly. He asks only for our love, and it is our choice to show it in our own way without looking at how the others do it ... or not.

Libra Sign (Sep 24 – Oct 23)

“Not my will but Thine, O Lord, be done in me and through me. Let me ever be a channel of blessings, today, now, to those that I contact in every way. Let my going in, my coming out be in accord with that Thou would have me do, and as the call comes, *here am I, send me, use me.*” (Edgar Cayce readings 262-3) Note: “Here I am” Samuel I: 3, *Samuel’s Calling*.

In *A Search for God, Book I*, we find COOPERATION, Chapter I, based on Edgar Cayce readings 262-1 through 262-5. It states that cooperation is *losing sight of self and becoming a channel through which blessings may flow to others....Whether in the spiritual or physical, action is necessary to put cooperation into operation.* It seems to me that the Air Sign of Libra’s energy fits here very well because it is basically a sign of cooperation. It aspires towards balance, equality, truth, justice, peace and fairness. And, of course, we have the perfect example of this “channel of blessings” in Jesus Christ through whom all blessings flow. He certainly put “cooperation into operation”. No doubt He was the first to say, *Father, here am I, send me, use me.* This loving energy of Jesus continues throughout the ages to inspire people to imitate him. It has inspired men and women to become channels of blessings to others. One saint who comes to mind is St Francis of Assisi, and I would like to share his prayer with you:

*Lord, make me an instrument of Your peace.
Where there is hatred, let me sow love; where there is injury, pardon;
Where there is doubt, faith; where there is despair, hope;
Where there is sadness, joy.
O Divine Master, grant that I may not so much seek
to be consoled as to console;
To be understood as to understand; to be loved, as to love;
For it is in giving that we receive; it is in pardoning that we are pardoned;
And, it is in dying that we are born to eternal life.*

Blessings to all,



Rosie

September & October 2008

HENRY CONLAN –SEPTEMBER BY THE NUMBERS

To find your personal “Year Number”- just add the day and month of your birth to the Current year. Add the resulting numbers until you arrive at a single number.
If you were born on May 14 you’d add 1+4+5+2+0+0+8=20. (2+0=2Year)

1 YEAR. This is an ideal year to start all new projects; you must push out and get moving, as opportunities come your way. You must be positive, alert and confident to take advantage of a 1-year. The colour for a 1-year is red, which helps with action, so wear some in your clothing. Your creative and inventive powers are at their peak. This month, money is better and you can achieve. Your energy levels are better, action is the key in your busy month.(you’re in a 1 year & I month)

2 YEAR. Is a year of consolidation; emotions will be high and what will be needed more than anything else will be patience and understanding. During this kind of year, often people around you-relatives, friends, family and co-workers-dump their problems on you, so to counteract that, do some walking, exercise, or go to the gym, to make sure you get your emotions out in a positive way. The color is turquoise blue. This month, it would be wise to use tact and diplomacy in your dealings with people, as it could be a little emotional around you, so do some walking or exercise. Use cooperation (you're in a 2 year & 2 month)

3 YEAR. The 3- year is a year for creative things – you are a free spirit, and do some of the things you want to do. Be a bit self-indulgent, don't get involved with other people's problems, play a bit dumb, it's your year. This is an ideal year to renew old friendships and form new ones. It is a year where you might travel overseas or have a good holiday. . This month, you have the luck with you, so do some of the things you want to do. This is a good month for a holiday or a trip. Don't over do it, become conscious of the now. (You're in a 3 year & a 3 month)

4. YEAR. In a 4-year, you are in a practical, down-to-earth mode. Get the physical into shape with walking, exercise, or going to the gym. Money is tight, so set a budget and stick to it. Make a special effort to balance and control your diet. This is a good time to do repairs around the house. Don't take risks with investments, as you could get burned. . This month is practical, down to earth with bills to pay, so watch the money. Get the physical into shape and there is plenty of work on your plate. Use system and order.(you're in a 4 year & 4 month)

5. YEAR In the 5-year, you are in an adventurous period. The keyword is change, which could cover many things; it could be change of work, change of living area, travel, or the unexpected, so go with the flow, be flexible and be open to change. Put your running shoes on, as you'll be all over the place. The color is orange This month could be all over the place, so go with the flow. Travel, change and the unexpected can be order of the day. Don't try to control things, be flexible to change. Accept the moment.(your in a 5 year & 5 month) .

6. YEAR. In a 6-year, you are in a humanitarian period, helping in the home, the community – giving to and helping others. The keyword is service. Things settle down, it is easier on your nervous system. Usually you have more to do with your immediate family and relatives. This year you might feel like settling down, as it's a good year for relationships. The colour is yellow. This month, put some time into catching up with family and friends. It is a good month for relationships. Community activities are strong and things settle down this month. (you're in a 6 year & 6 month.)

7. YEAR. During your 7-year, you are having more time to think, look inward, and make some decisions in your life. If you try to push, it won't work. This is a good year for study, courses, writing, or learning different things at work. It is a good year to retreat, go out into nature or get away to the seashore for a few days. The colour for the year is purple. This month, don't take risks with investments and make some decisions in your life. Be patient, as you may like having some time on your own. Charge up the batteries. (you're in a 7 year & 7 month)

8. YEAR. The 8-year is an outgoing time, so let go of last year. You're using your voice, promoting yourself, opportunities open up, and money is better. It is a very sociable and a romantic year-watch the heart! This year get your business into order, tidy up loose ends. This is a push-out year, your confidence is good, so go for it. The colour is pink. This month, your dealing with lots of people. Money is better and good for relationships. Promoting and selling ideas will be successful this month (you're in a 8 year & 8 month) .

9YEAR.The 9-year is a wind up year; it's the end of the 9-year cycle. Your energy levels are up and down, your biorhythms are out of balance, so watch your health and pamper yourself. You can have all your goals and ambitions, but they won't work in a 9-year, so be middle of the way. People are going out of your life; don't worry as new ones come in next year. The colour is blue. . This month, take some quality time for yourself with a holiday or a weekend away. You may change your work or living area, as it is a wind up month. Be patient, don't over do it. (You're in a 9 year & 9 month.)

INFORMATION ON HOW THE NUMBERS CAN HELP YOU, HENRY CONLAN on (03) 9898987 or 0419 708 642

[email:- henryconlan@yahoo.com](mailto:henryconlan@yahoo.com)

Instead of seeing yourself as a famous actor and writer and so on, see yourself inspiring countless people with your work and enriching their lives. Feel how that activity enriches or deepens not only your life but that of countless others. Feel yourself being an opening through which energy flows from the unmanifested Source of all life through you for the benefit of all.

Eckhart Tolle "A New Earth"

HEALTH ASSISTANCE FROM CAYCE ORIENTED PROFESSIONALS SOUTH AUSTRALIA

My name is **PAUL NAUGHTON**. ARE member

I work country South Australia as an acupuncturist. I have a home clinic in the Clare Valley in a town called Auburn and visit, as an allied health professional, several state hospitals. In the counselling aspect of my work I introduce -when possible, both Edgar Cayce and Louise Hay for the mental, emotional and spiritual aspects of health and illness. On occasions I conduct Past Life Regression for 'mysterious' complaints to see if there is any connection.

My ABN is under "Paul Naughton Acupuncture". I have both an Advanced Diploma Applied Science Acupuncture Honours and a Bachelor of Education. All health funds honour my work for their members.

So:-

Paul Naughton Acupuncture
Top of Henry St. Auburn SA 5451
Phone 08 88 49 2060
Mob: - 0417 492065
Booreroo Hospital
Crystal Brook Hospital
Orroroo Hospital
Quorn Hospital
Hawker Hospital

NEW SOUTH WALES

BERNARD PORTER ARE member.

Massage Therapist, Taree Phone (02) 6551 0040 email: - bernard.porter@bigpond.com

"Edgar Cayce has, for me, and I would imagine, for all that have come in touch with his work, found a very special place in my life, and I refer to his advice constantly."

"The massage is given in the same vein as The Readings, to help those that need it, and as an attempt to balance the scales as it were."

MARK O'NEILL ARE Member.

HERBAL MEDICINE, HYPNOTHERAPY & COUNSELLOR,
Coff's Harbour PH. 02 6653 4319

NB. If you are an ARE member, and a qualified health professional, in Australia or New Zealand, and would like to be added to our list of Cayce oriented health services providers, Please email us with your information to caycenewsaustralasia@hotmail.com

HEALTH AND HEALING

Removing Scars

To remove much of the scar tissue on the left limb we would use sweet oil (peanut oil) combined with camphorated oil in equal parts. Massage this each day for 3 to 6 months and we would reduce the most of this. (Reading 2015-10)

For Burns and Externally caused scars (from Reading 2015-10)

Camphorated oil _____ 2 ounces
Lanolin dissolved _____ 1/2 teaspoonful
Peanut oil _____ 1 ounce

Once daily massage into the scarred areas, using an amount the skin will completely absorb. Avoid contact with the eyes and mucous membranes.

SPIRITUAL GROWTH GROUPS IN AUSTRALIA

If you live in these places, and would like to meet like-minded people through joining a spiritual growth group please contact us at www.caycenewsaustralasia@hotmail.com

Auburn, South Australia
 Kenmore, Brisbane. Queensland
 Moorooka, Brisbane. Queensland
 Redlands, Queensland
 Runcorn, Brisbane Queensland
 Strathfield, Sydney
 West Sydney, New South Wales
 Taree, New South Wales
 Townsville, Queensland
 Tullamarine, Victoria

When you become involved in an A.R.E. Search for God small group, your personal venture inward will enable you to:-

- *Tap into your relationship with the Universal Mind, God, Your Higher Self or whatever name you call this Consciousness.*
- *Explore your intuition in a safe way.*
- *Find your inner joy and inner peace*
- *Practise listening "soul to soul"*
- *Learn to love and appreciate your life*
- *Find out how to work with Spirit*
- *Spend time with like-minded people.*

BOOK REVIEWS OF DISCOUNT CAYCE BOOKS AVAILABLE IN AUSTRALIA

*Books available from our Edgar Cayce Book Supplies
 At 12 Colbet Close Victoria Point Qld 4165
 Phone 07 3207 7536
 Or email
oliveb@hotmail.net.au*

Your Life. Why it is the Way it is and What you Can Do About It. By Bruce McArthur

Every aspect of your life is governed by laws which are just, fair, and forgiving These laws are universal and divine in nature – and they promise all living creatures the potential to experience a life of prosperity and joy.

Bruce McArthur weaves a powerful narrative packed with how-to-information which will help you harness these laws to create positive change in your life.

These Laws will help you:

- Build financial security

- Attract loving relationships
- Solve difficult problems
- Find your soul's true purpose
- Connect with a higher source of wisdom and guidance.

You alone hold the key to experiencing the bounty of the universe. This book will show you the way. \$20

Edgar Cayce on Rejuvenation of the Body. By John Van Auken

Can we greatly extend our lifespan? Live forever? What principles allow the body to continuously rebuild itself?

The author, long time student of and lecturer on Cayce's work, examines the Edgar Cayce psychic readings for clues to keeping the body healthy and able to regenerate itself.

He looks at the body's complex systems and how those systems relate to the promises of longevity, and he uses carefully researched quotations from the Cayce readings to explain what we can do to extend our years.

The final chapter focuses on the importance of meditation for staying mentally and physically young and for becoming spiritually centred. The author also provides the reader with useful tools for personal rejuvenation, including two highly effective methods for the proper practice of meditation. \$12

The Complete Edgar Cayce Readings. 14,306 Psychic Readings . 50% reduction. Posted anywhere in Australia or New Zealand \$50.00 AU

See our website for a complete list of discounted books available in Australia from Edgar Cayce Australia C/- PO Box 3305 Victoria Point West. Qld 4165.

NB All cheques must be Made payable to Brisbane A.R.E. Council.

If you do not have access to the internet a copy of our book catalogue can be posted to you. Please send 4 x 50c stamps.

QUESTIONS & ANSWERS FROM THE READINGS

The Cayce Readings cover a wide field of information!

Question:- Why do we exist?

Answer:- What, then, was – or is - the first cause?....

The first cause was, that the created would be the companion for the Creator; that it, the creature, would – through its manifestations in the activity of that given unto the creature – show itself to be not only worthy of, but companionable to the Creator. (Reading 5753-1)

For the entrance of an entity, a soul, into the earth's experience is to fit the soul for its companionship with the Creative Forces, or God. And if these experiences are made for self-indulgence, self aggrandisement first, then set up in the experience of the soul false gods. (Reading 1219-1)

Question:- Do the thoughts of one person affect another person, either mentally or physically?

Answer:- Depending upon the development of the individual to whom the thought may be directed. The possibilities of the developing of thought transference (are) first being shown, evolution, you see. The individuals of this plane will and are developing this as the senses were and are developed. (3744-2)

Question:- Does love for a person, even without his knowing of it, influence or benefit him in any way?

Answer:- Fear, with a mental aberration, always creates activities in the minds of those feared; but love, and aptitude for right thinking, right acting, brings harmony or quiet - and has its effect upon the general activities of a body. (Reading 290-1)

CIRCULATING FILES AVAILABLE IN AUSTRALIA.

Circulating Files are collections of verbatim Edgar Cayce readings and readings extracts carefully selected and arranged by topic. They are available to A.R.E. members either by loan or for purchase, and to non-members for purchase only. We have all of these files here at the Edgar Cayce Centre at Victoria Point in Queensland.

We plan to list all of the files – medical and non-medical – on our website www.edgar cayce australia.com

CAYCE THERAPEUTIC GOODS IN AUSTRALIA

IS THERE AN AUSSI MEMBER OF A.R.E IN AUSTRALIA WHOSE BUSINESS SATISFIES THE THERAPEUTIC GOODS LAWS HERE, AND WHO WOULD BE INTERESTED IN BECOMING AN AUSTRALIAN SUPPLIER OF CAYCE HEALTH PRODUCTS ?

**PLEASE CONTACT US TO DISCUSS THIS ON
edgar cayce australia@hot mail.com**

How to Contact us:

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Adelaide 5113.

Telephone 08 8252 8131

Email: rainbowjournal@live.com Or: edgar cayce nz@yahoo.co.nz

SUBSCRIPTIONS:

E-mail Subscribers: FREE
Australian Postal Subscribers: A\$15 yearly
New Zealand: NZ\$20 yearly

OUR MISSION

The Mission of Edgar Cayce Australia and New Zealand is based on the same mission of the Association for Research and Enlightenment in the U.S.A., which is simply to help people change their lives for the better through the ideas and information in the Edgar Cayce material.

Through our collection of books, newsletters, services, and membership outreach and with our association with the A.R.E., Edgar Cayce Australia and New Zealand are looking to provide individuals from all walks of life, levels of education, and religious backgrounds with tools for personal empowerment and healing at all levels – body, mind, and spirit.