



The Lighthouse

Newsletter of Edgar Cayce Australia and New Zealand

Issue 6 November/December 2008

In Partnership with the Association for Research & Enlightenment, U.S.A.

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1. Editorial

Our world is rapidly changing!

The Cayce Readings give us much information about who we are, why we are here, and how we can make the best use of our time on earth. Science and spirituality are coming together – the readings say “*Be GLAD you have the opportunity to be alive at this time, and to be a part of that preparation for the coming influences of a spiritual nature that MUST rule the world. These are indicated, and these are part of thy experience. Be happy of it, and give thanks daily for it.*” (2376-3)

The Cayce material, channelled from higher states of consciousness, is the forerunner of other spiritually motivated individuals awakening and tuning into their own creative abilities in our time.

Esther and Jerry Hicks have successfully achieved attunement with “Abraham”, (symbol of faith) a group consciousness with the motivation of awakening us to who we really are – spiritual beings made in the image of God – who have chosen, consciously or by default, to enter three dimensional consciousness in this solar system, in order to expand the knowledge and understanding of this portion of infinity (= God – The Readings tell us that each of us is a “cell in the body of God”).

Abraham’s assistance to mankind comes to individuals who have the opportunity to ask for help in healing personal difficulties. In the answers to their questions, many of

us find a better understanding of our own related difficulties. I have collected a large number of their sessions recorded on DVDs, and am most happy to share them in my theatre, with all who are willing to arrange a suitable time to visit the Edgar Cayce Centre here at my home, and come and be spiritually, mentally and emotionally enriched. If you are interested, phone me on 07 3207 7536 or email oliveb@hotmail.net.au . There is no charge, though donations are always appreciated.

Another very interesting channel of higher consciousness, worth some research, is David Wilcock. His website is www.Ascension2000.com . David is a highly intelligent, well educated and spiritually and scientifically oriented man, psychically gifted, aged 35 years. He bears a striking resemblance to Edgar Cayce, and his astrological birth chart is almost identical with Edgar Cayce's.

In 2004 a book was published called "The Reincarnation of Edgar Cayce?" by Winn Free with David Wilcock. If you are open minded and interested in the reason for Cayce's return to earth (his own reading 294-151 stated "Is it not fitting, then, that these (a reference to Ra-Ta and his associates) must return? as this priest may develop himself to be in that position, to be in the capacity of a LIBERATOR of the world in its relationships to individuals in those periods to come; for he must enter again at that period, or in 1998." David has channelled information about the changes happening on earth now, leading up to December 21st 2012: In my opinion, his website, free videos, and book are well worth your attention.

2. Esther & Jerry Hicks Australian Tour

LAW OF ATTRACTION: A DAY With Abraham-Hicks

See Esther & Jerry Hicks Live for the First Time in Australia.

Sponsored by: Hay House.

Location

Gold Coast QLD :- December 7th 2008

Melbourne VIC: - December 12th 2008

Sydney N.S.W.:- December 14th 2008

Details Phone (02)9669 4299

3. Dr. William McGarey Died 3-11-08

Dr. Bill had an incredible impact upon the Cayce work, especially as it relates to health. For many years, he was a speaker at A.R.E. Conferences in Virginia Beach. He was the author of numerous books, including THE EDGAR CAYCE REMEDIES, and THE OIL THAT HEALS. He was also the co-founder of the A.R.E. Clinic in Phoenix.

Please hold him and his family in your thoughts and prayers.

Kevin J. Todeschi

Executive Director and CEO A.R.E.

4. Programs in Australia - November

Edgar Cayce's Association for Research & Enlightenment
NON PROFIT ORGANIZATION

Meets at

12 Colbet Close Victoria Point

Ph (07) 3207 7536 for more info or to book.

Sunday 30th November, 2008 2pm to 4.30pm

No Charge. Donations appreciated. Afternoon tea included.

INSPIRING WORKSHOP

Living Your Divine Contract Session 1(of 3)

How to Study the Akashic Records and Discover Your Heart's Purpose.

Program prepared by Kevin Todeschi CEO of A.R.E.

Part 1

How Cayce Accessed the Akashic Records

Past Lives Provide Clues into Your Present

Afternoon Break

Part 2

Soul Mates is a Misunderstood Concept.

Relationships as Catalysts for Growth

.....

5. Programs in Australia - December

Edgar Cayce's Association for Research & Enlightenment
NON PROFIT ORGANIZATION

Meets at

12 Colbet Close Victoria Point

Ph (07) 3207 7536 for more info or to book.

Sunday 28th December 2008, 2pm to 4.30pm

No Charge. Donations appreciated. Afternoon tea included.

INSPIRING WORKSHOP

Living Your Divine Contract Session 2(of 3)

How to Study the Akashic Records and Discover Your Heart's Purpose.

Program prepared by Kevin Todeschi CEO of A.R.E.

Part 1

Relationship Connections to Past Lives

Reliving Past Relationships Until Healing Occurs

Afternoon Tea Break

Part 2

Exploring the Akashic Records of the Present

Facing Ourselves in Our Relationships

6. Articles From Our Readers

Article 1. Rosie November/December Astrological Reflections on Jesus

Astrological Reflections on Jesus.

Scorpio Sign (Oct 24 – Nov 22)

Intensity ten-fold! Here's where emotions are profoundly felt and we either acknowledge them or ignore them. If acknowledged, the experience can make us; if ignored, they can break us.

It is said that when we admit to certain feelings we can safely release their tension. If we ignore them, they can become like a volcano under the ocean that when it needs to release accumulated pressure will burst and cause havoc. The damage can manifest physically or internally.

Scorpio is the most emotionally intense Water Sign of the Zodiac, and two of its symbols are the Phoenix and the Snake, both representing transformation. I guess the saying is true, that there is no resurrection without death – the most intense event of our life. But this is physical death; I think death of the little ego is the most intense because it truly destroys our false self-image.

This is the great Sign that dramatically transforms events into spiritual works of art on the canvas of our life. I think Jesus experienced his life to such depths that he managed to paint upon our hearts his own fervour of life for all days to come.

I think that when we are making earnest efforts to follow The Way and though sometimes we might get lost or tired, there is always great hope of success. In one of Cayce's readings, he said, There is progress whether ye are going forward or backward! The thing is to move! Reading 3027-2.

Sagittarius Sign (Nov 23 – Dec 22)

I wonder if as a babe in Mary's womb, Jesus would have been eager to start his earthly life. I wonder if he felt limited by his human form.

Sagittarius is a very powerful, positive, and lively energy which makes one feel like being out there, seeking truth and teaching it. I happen to have Sagittarius in my 5th House and I must say that I love adventure with all the excitement it brings me. However, my world expeditions are limited to my local area, but oddly enough, most of my friends come from all corners of the world; they have been my teachers.

I think that the Divine Master used his Sagittarian energies to reach out there – not only to the world of his day, but to the world of all tomorrows. No sooner was he born than 12 years rushed by and he was ready to start travelling, seeking knowledge, seeking his path, and his truth.

On that memorable moment on the event of his birth, it was the world that initially came to him. First the animals welcomed him, then the humble shepherds, and perhaps there were others of which we're not aware. Then "... we find the Wise Men as those that were seekers for the truth, for this happening; and in and through the application of those forces (as ye would termed today psychic) we find them coming to the place 'where the child was' They represent in the metaphysical sense the three phases of man's experience in materiality: gold, the material; frankincense, the ether or ethereal; myrrh, the healing force as brought with same- or body, mind, soul.

These were the positions then of the Wise Men in their relationship, or to put into the parlance of the day – they were the encouragement needed for the Mother and those that had nourished, that had cherished this event in the experience of mankind... they (the three Wise Men) represented then the three phases of man's experience as well as the three phases of the teacher from Egypt, from Persia, from India.”

(Reading: 5749-7)

*May we also become Seekers of Truth and Teachers – with Sagittarian energy!
A blessed Christmas and a Happy 2009 New Year to all!*

Rosie

November & December 2008

Article 2. Henry Conlan - November by the Numbers

To find your personal “Year Number”- just add the day and month of your birth to the current year. Add the resulting numbers until you arrive at a single number. If you were born on May 14 you'd add $1+4+5+2+0+0+8=20$. ($2+0=2$ Year)

1-YEAR. This is an ideal year to start all new projects; you must push out and get moving, as opportunities come your way. You must be positive, alert and confident to take advantage of a 1- year. The colour for a 1-year is red, which helps with action, so wear some in your clothing. Your creative and inventive powers are at their peak. This month, you have the luck with you, so do some of the things you want to do. This is a good month for a holiday or a trip. Don't over do it, become conscious of the now.

2-YEAR. Is a year of consolidation; emotions will be high and what will be needed more than anything else will be patience and understanding. During this kind of year, often people around you-relatives, friends, family and co-workers-dump their problems on you, so to counteract that, do some walking, exercise, or go to the gym, to make sure you get your emotions out in a positive way. The colour is turquoise blue. This month is practical, down to earth with bills to pay, so watch the money. Get the physical into shape and there is plenty of work on your plate. Use system and order.

3-YEAR. The 3- year is a year for creative things – you are a free spirit, and do some of the things you want to do. Be a bit self-indulgent, don't get involved with other people's problems, play a bit dumb, it's your year. This is an ideal year to renew old friendships and form new ones. It is a year where you might travel overseas or have a

good holiday. This month could be all over the place, so go with the flow. Travel, change and the unexpected can be order of the day. Don't try to control things, be flexible to change. Accept the moment. .

4-YEAR In a 4-year, you are in a practical, down-to-earth mode. Get the physical into shape with walking, exercise, or going to the gym. Money is tight, so set a budget and stick to it. Make a special effort to balance and control your diet. This is a good time to do repairs around the house. Don't take risks with investments, as you could get burned. This month, put some time into catching up with family and friends. It is a good month for relationships. Community activities are strong and things settle down this month.

5-YEAR In the 5-year, you are in an adventurous period. The keyword is change, which could cover many things; it could be change of work, change of living area, travel, or the unexpected, so go with the flow, be flexible and be open to change. Put your running shoes on, as you'll be all over the place. The colour is orange This month, don't take risks with investments and make some decisions in your life. Be patient, as you may like having some time on your own. Charge up the batteries.

6-YEAR In a 6-year, you are in a humanitarian period, helping in the home, the community – giving to and helping others. The keyword is service. Things settle down, it is easier on your nervous system. Usually you have more to do with your immediate family and relatives. This year you might feel like settling down, as it's a good year for relationships. The colour is yellow This month, your dealing with lots of people. Money is better and good for relationships. Promoting and selling ideas will be successful this month

7-YEAR During your 7-year, you are having more time to think, look inward, and make some decisions in your life. If you try to push, it won't work. This is a good year for study, courses, writing, or learning different things at work. It is a good year to retreat, go out into nature or get away to the seashore for a few days. The colour for the year is purple. . This month, take some quality time for yourself with a holiday or a weekend away. You may change your work or living area, as it is a wind up month. Be patient, don't over do it.

8-YEAR The 8-year is an outgoing time, so let go of last year. You're using your voice, promoting yourself, opportunities open up, and money is better. It is a very sociable and a romantic year-watch the heart! This year get your business into order, tidy up loose ends. This is a push-out year, your confidence is good, so go for it. The colour is pink. This month, be alert to opportunities, money is better and you can achieve. Your energy levels are better, action is the key in your busy month.

9-YEAR The 9-year is a wind up year; it's the end of the 9-year cycle. Your energy levels are up and down, your biorhythms are out of balance, so watch your health and pamper yourself. You can have all your goals and ambitions, but they won't work in a 9-year, so be middle of the way. People are going out of your life; don't worry as new ones come in next year. The color is blue. This month, it would be wise to use tact and diplomacy in your dealings with people, as it could be a little emotional around you, so do some walking or exercise. Use cooperation.

Information on how the numbers can help you, contact Henry Conlan on (03) 98989897 or 0419 708 642, email=henryconlan@yahoo.com

Article 3. Johanna Devries: Vocabulary

Language is the means by which conceptions are expressed. It is the open window through which one looks and estimates the character of the speaker. From the feelings emanating from the very core of being, words are the factors with which the individual relates Itself to Its surroundings.

As the electrical switchboard connects the wires of an intricate system in one movement, SIMILARLY we can get true understanding when we use the right language. Affirmative, constructive words speak alone of true and advantageous conditions.

When the individual is selecting Its words, It is thereby selecting the conditions with which It is to be confronted. In that way we create our own situations with our own words.

A conversation of a few moments will readily develop the measure by which one may be gauged. An individual consists of Its ability, principles and convictions, all of which are depicted through the vocabulary. One's conception of life is evidenced in one's words and manner of conversation. Language is the foundation of all things.

"Out of the abundance of the heart the mouth speaks"

Learn To:

1. Communicate precisely and accurately.
2. Think before you speak
3. Sustain and hold a thought
4. Transmit each word precisely, construct an image that is visually perfect.
5. Listen, listen with all your attention at whatever is being communicated.
6. Suspend your own response until there is a break in the incoming transmission.
7. Be aware that it is always a mark of very poor self control to interrupt..

Spiritual progress in itself leads to greater happiness, true contentment, deeper understanding and eventually, wisdom.

7. Health Assistance from Cayce Oriented Professionals -

South Australia - Top of Henry St. Auburn

PAUL NAUGHTON. ARE member

I work country South Australia as an acupuncturist. I have a home clinic in the Clare Valley in a town called Auburn and visit, as an allied health professional, several state hospitals. In the counselling aspect of my work I introduce -when possible, both Edgar Cayce and Louise Hay for the mental, emotional and spiritual aspects of health and illness. On occasions I conduct Past Life Regression for 'mysterious' complaints to see if there is any connection.

Paul Naughton Acupuncture
Top of Henry St. Auburn SA 5451
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New South Wales - Taree

BERNARD PORTER ARE member.
Massage Therapist, Taree

Phone (02) 6551 0040 email: - bernard.porter@bigpond.com

“Edgar Cayce has, for me, and I would imagine, for all that have come in touch with his work, found a very special place in my life, and I refer to his advice constantly.”

“The message is given in the same vein as The Readings, to help those that need it, and as an attempt to balance the scales as it were.”

New South Wales - Coff's Harbour

MARK O'NEILL ARE Member.
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New South Wales - Bondi, Sydney

SOPHIE LIPPELL
Bondi, Sydney

PSYCHOTHERAPIST, HYPNOTHERAPIST AND SPIRITUAL REGRESSION
THERAPIST

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NSW.

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8. Health and Healing

Some Cayce Tips on Caring for Your Vision.

Question: - What will help my vision?

Answer 1: - If gelatine will be taken with raw foods rather often (that is, prepare raw vegetables such as carrots often with same) - grate them; eat them raw, we will help the vision.

Note: - gelatine was recommended not for the vitamin or protein value, but for its enzymatic action in aiding the assimilation of the vegetables).

Answer 2: Cayce recommended the use of grated white organic potato packs for eye strain. Grate the potatoes, peep and pulp, and scoop up a large spoonful and put it

directly on the eyelid and over the entire eye. Cover the eye with a piece of gauze and leave it on for 1 or 2 hours.

These have been found extremely effective also for alleviating the feeling of “sand”, or pressure on the eyeball or bloodshot eyes.

9. Spiritual Growth Groups in Australia

If you would like to meet like-minded people through joining a spiritual growth group please contact us at caycenewsaustralia@hotmail.com

When you become involved in an A.R.E. Search for God small group, your personal venture inward will enable you to:-

- Tap into your relationship with the Universal Mind, God, Your Higher Self or whatever name you call this Consciousness.
- Explore your intuition in a safe way.
- Find your inner joy and inner peace
- Practise listening “soul to soul”
- Learn to love and appreciate your life
- Find out how to work with Spirit
- Spend time with like-minded people.

10. Cayce Circulating Files Available in Australia

At the Edgar Cayce Centre, 12 Colbet Close Victoria Point, Qld. 4165, we have copies of all the Medical and Non Medical files.

Among the many Non Medical topics is the category of “SOUL”: -

003F Akashic Records	\$7.50
009F Body and Soul	\$7.50
047F Individuality and Personality	\$5.00
138F Journey/Cycle of the Soul.....	\$7.50
089F Planetary Sojourns and Astrology.....	\$12.00
110F Soul Birth.....	\$3.00
111F Soul Mates	\$3.00

These files contain direct from the Readings, information on the topics listed.

Purchases can be made by contacting Olive

Ph 07 3207 7536 or email: oliveb@hotmail.net.au

11. Cayce Therapeutic Goods in Australia

Unfortunately, at present we are unable to make these available less expensively in Australia. Hopefully, in the future, this may change.

Cayce products can be purchased online directly from America – www.baar.com or www.caycecures.com

12 How to Contact us:

Australian Coordinator & Lighthouse Newsletter – Olive Bell

By Post: Edgar Cayce Australia Centre,
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SUBSCRIPTIONS:

E-mail Subscribers: FREE
Australian Postal Subscribers: A\$15 yearly
New Zealand: NZ\$20 yearly