

THE LIGHTHOUSE



Issue 9
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1. Editorial

Welcome to our ninth edition of the Lighthouse. In this issue I would like to share with you interesting information from Robert Schwartz, author of "Courageous Souls. Do we plan our Life Challenges before Birth?" (We have two copies of this book in our library). Robert shared a channelled experience of Barack Obama planning his current life.

At present, it is possible to receive a deep trance channel interview with "Veronica" (a non physical group entity) who speaks through April Crawford, and receive your own pre-birth planning. Check it out: www.innerwhispers.com People who have done this, come to understand their soul's purpose in many of the things they have experienced in their current life.

My trip to the Bio-cybernaut Institute in Canada in March was a wonderful experience. I received visual and auditory feedback on my own brainwaves, and learnt a lot about myself. I didn't experience the breakthrough that Simon did

(see March/April newsletter), but I have returned home with lots of ongoing insights to work on.

2. Barack Obama's Prebirth Planning (As seen by trance channeller Staci)

“He possesses a uniquely heightened sense of harmony,” observed Staci. “He truly sees and desires to manifest harmony where there is none. As much as he is sensitive to the emotions at play in any situation, his great desire on the soul level was to use the analytical abilities of his mind. He is somebody who is always going to perceive what others feel, and yet he is less emotionally influenced and more analytic.

“His most important karmic lesson for this lifetime is to keep himself in balance so he can perfect the relationship skill of cooperation. His greatest desire is to experience himself as a cooperative person who works for the good of others to bring balance to that which is imbalanced.

“I see him now [in his prebirth planning session] talking to his spirit guide. As he is talking to his guide, other souls from the soul group filter into the room. It's as if his thoughts are calling them in.

Barack Obama: “I seek to bring the light of harmony and compassion using myself as an aide to others, as a step over which others may cross to raise themselves and lift therefore the architecture of humanity. The art of compassion, of forgiving, of letting wounds heal, is something I have completed inside myself and want to turn outward in a cooperative effort with humanity. This would be my greatest gift and greatest challenge to be of service, to imbue my work with tolerance, healing, forgiveness, compassion, and a sense of equality and justice. This will allow me to serve my highest good and the noble needs of a humanity that can only be described as floundering, so they can step out of the hole into which they have swum in an unconscious nature.

‘At the time I am ready, there will be those ready for a shift in consciousness, for a shift in their own nature, as they desire to raise themselves out of the mire of what they are told to follow. There will be great change that I will feel called upon to make, but I will wait; my intention is to make these changes in service to humanity, to find a way to serve the needs of all so that so many who are in conflict with each can be brought together for healing and peace to begin.

‘This is where I will best express my true nature, the nature I will have brought into that life, the nature I will explore and come to know more fully as I proceed with my wife and family who are around me now as I speak these thoughts to you and who have given me their profound blessing through their approval of my mission.’”

“And this is where he turns to his wife,” Staci observed.

Barack Obama: “I am counting on you to guide me on this path I have chosen for myself, to help steer me clear of the business oriented opportunists who will try to dictate that their views should be mine. I will look to you for your reminders of the importance of family and for your grounding attitude as well as

your encouragement and support.”

Michelle Obama: “You have that.”

With those words, our glimpse into the prebirth planning sessions of John McCain and Barack Obama had ended. Our time together had been yet another exhilarating glimpse behind the veil into the process of planning an incarnation.

3. Attend ARE Conferences from Headquarters, in the comfort of your own home! (Go to www.edgarcayce.org for details.)

Edgar Cayce’s A.R.E. is pleased to present our first ever *virtual* conference using the latest cutting edge and innovative 3-D interactive technology. Now, from the comfort of your own home, you can enjoy 12 great speakers as we explore Body-Mind-Spirit transformation topics from the Edgar Cayce readings:

Ancient Mysteries, the Afterlife, the Journey of the Soul, Spirituality, Reincarnation, Dreams and Intuition, Health and Wellness, Akashic Records, Vibrations, Meditation, and the Mayan Prophecy of 2012.

Thirty different presentations – available at your leisure.

4. Astrological Reflections on Jesus

Last year from May 2008, I started these newsletter articles with the Zodiac Signs and I would like to continue the reflections with the Planets. It’s always important to keep in mind that astrology is not based on fate, but on potential and possibilities. The greatest gift of our creation is free will; our heavenly Father did not make us robots; we retain the right to make choices. Planets have their own role and function, but they do not compel us. How we use or abuse their influence is up to us.

The Signs describe our personal style and the way in which we approach life; they symbolise our attitudes and needs. However, what is happening describes what the Planet is doing! So in brief, “what” happens describes the Planet; “how” it happens describes the Sign; and “where” it happens” describes the area of life (Houses of the Zodiac).

Venus

With that brief description, let’s get on with the Planet that rules Taurus and Libra. Gail Fairfield says that Venus is the power that draws any chosen person, experience, or object to itself, and its task is to establish value and beauty. I feel this is so true of Jesus because he continues to inspire and draw hearts to himself. In one of his readings, Cayce says, In Venus we find love. Do not confuse affection with love. Do not confuse passion with love. Love is of God, it is creative, it is all giving.

This Venus love-energy must be very special. It is said that we attract experiences that make us feel worthwhile. This seems to happen when we truly love ourselves particularly as soul beings, and as the saying goes, like attracts like. Jesus

understood he was creating beauty and harmony in the world. He was all giving. I think we grow weary, sometimes, trying to find true love, to find someone who will return love for love. We need to become more aware of our emotions because we can confuse affection with love. But some Taureans we'll probably and stubbornly persist until they find it! Who knows, maybe some of us will end up saying with St Augustine,

“Our hearts were made for Thee, O Lord, and restless will they be until they rest in Thee”.

I think I've used this saying before but it reminds me that so much throughout our lives we attract people or things that become burdens. Charity (love) begins at home, but first I need to be at home with myself, and let the Divine Guest feel welcomed. After all, He is the Divine Bait for hungry hearts!

Mercury

Here's another Planet that rules two Signs: Gemini and Virgo. Don't blink because this Planet's energy is quick - with Gemini, many thoughts to think; with Virgo, many things to do. Mercury is associated with the mind and mental reasoning. It also has a very personal energy that defines and supports individualisation. It acts as a messenger, a communicator, a connector. Its tendency is to form networks and collect data. And isn't it appropriate for modern day technology that can't seem to get the word out there fast enough.

I wonder how Jesus would use this technology were he living today. About 2000 years ago he used the means of the day: speaking and writing (on sand, too). I feel sure he would use the media to spread the good news through TV, radio, books, newspapers, and the 'godfather' of all – The Internet! He would be a natural for it. Imagine Jesus being interviewed about his job by ABC, Fox News, SBS, etc, and millions throughout the world hearing it and seeing his beautiful face.

What would he be wearing – suit/tie? jeans? sandals?

What kind of accent would he have?

Where would he be living?

I could speculate all day about these incidentals, but the important question is - would Jesus be saying anything different than what he said 2000 years ago? I don't think so.

However, if Jesus were here now, would I be any different than what I am today?

How do I use the Mercury energy to help bring the divine essence of my being into practical manifestation like Jesus did?

Do I put into practice the things I know?

Do I understand that “we are our Father's presence here”? (Stuart Dean)

“From the Mercurian influences we find the high mental abilities; tendencies in which the teaching or the abilities to impart to others becomes as a natural flow (1626-1)”

Rosie 

5. From The Readings

5.1 The use of Gelatin in your diet

Q. Please explain the vitamin content of gelatin. There is no reference to vitamin content on the package.

A. It isn't the vitamin content but it is ability to work with the activities of the glands, causing the glands to take from that absorbed or digested the vitamins that would not be active if there is not sufficient gelatin in the body. See, there may be mixed with any chemical that which makes the rest of the system susceptible or able to call from the system that needed. It becomes then, as it were, "sensitive" to conditions. Without it there is not that sensitivity.

5.2 Self Discipline.

Q. How can I discipline myself at my age to do what is mine to do?

A. Repeat three times every day, and then listen: "Lord, what would you have me do today?" Mean it! For as He has promised, "If ye call, I will hear, and answer speedily" He meant it! Believe it! (3001-1 female 61years)

(Comment:- This is in line with the Cayce information on meditation – Prayer is asking, meditation is listening for the answer. It works! Try it!)

5.3 Your Mission on Earth

Reading 3001-1 Female Age: 61

"Each appearance (in the earth) is as an opportunity. An opportunity is to the grace of God...

The very fact of being aware of thyself is assurance of the fact that the Father-God is mindful of thee – NOW, TODAY...

For each soul enters with a mission.

And even as Jesus, the great missionary, we all have a mission to perform.

Are we working with Him (continually), or just now and then?...

For He faileth not.

For He is ever the same, yesterday, today, tomorrow."

5.4 The Meaning of Birth Marks

"Take individuals everywhere, where there has been or is a mark in the body, and analyse their activity and associations among individuals: for their lives and their associations are different from the ordinary ken. Many will be found to have almost caused or averted tragedies (as called in the earth) in the lives of individuals... (Reading 573-1)

Q. Was I marked by Ra Ta in the Egyptian Period? If so, where and what is the meaning of it?

A. In the face and the mouth: that there be not too much talk. (Reading 585-6)

Q. Was I given a mark by Ra Ta? If so, where is it, and what is the meaning of it?

A. The upper portion of the lip, or between the nasal passages and the corner of the lip – which exists there at times – especially a feeling of twitching there: the messenger, the speaker to those that need counsel and advice. (Reading 1100-26)

5.5 Cremation

Q. If cremated, would the body feel it?

A. What body? The physical body is not the consciousness. The consciousness of

the body is a separate thing. There is the mental body, the physical body, the spiritual body. As has so oft been given, what is the builder? MIND! Can you burn or cremate a mind? Can you destroy the physical body? Yes, easily. To be absent (what is absent?) from the body is to be present with the Lord, or the universal consciousness or the ideal. Absent from what? What absent? Physical consciousness, yes.

As to how long it requires to lose physical consciousness depends on how great are the APPETITES and desires of a physical body!

(Reading 1472-20)

Q. What is the best disposition of a body, for the sake of all?

A. By fire!”

(Reading 275-29)

6. One Litre Bottles of Castor Oil Available

We have been able to purchase litre bottles of castor oil in bulk, at discount prices, and offer them at the price we paid - \$9.90 per litre.

As each bottle weighs just over 1 kilo, the cheapest way to send them to anywhere in Australia, is in prepaid satchels, which could contain 2 litres postage \$9.60.

Contact Olive by email oliveb@hotkey.net.au or phone 07 3207 7536, if interested.

7. Castor Oil And Your Skin.

In his book “*Folk Medicine*” D.C. Jarvis states that he found that castor oil would not only clear up warts, but also those skin afflictions known as papillomas of the skin, pigmented moles, corns and liver spots. Jarvis states that liver spots were completely removed, leaving a clear skin without a sign of a blemish.

In the Cayce Readings, there are descriptions of at least thirty physical functions that were changed for the better by castor oil - mostly by castor oil packs.

8. Non-Medical Files - Soul Series

One of the categories of the nonmedical files available here at the Centre, is the SOUL SERIES.

003F Akashic Records	\$7.50
009F Body and Soul	\$7.50
047F Individuality and Personality	\$5.00
138F Journey/Cycle of the Soul	\$7.50
Planetary Sojourns and Astrology	\$12.00
110F Soul Birth	\$3.00

111F Soul Mates

\$3.00

Prices quoted are for a printed copy. No charge for posting.

9. Edgar Cayce Australia Centre. (Victoria Point, QUEENSLAND)

Our Centre holds a film afternoon on the last Sunday of each month from 2pm till 4.30pm. Afternoon tea is served. There is no charge, but donations to help keep the Work going, are always appreciated. Everyone is welcome.

We have a large range of Cayce films, Abraham Films, and films on the cutting edge of Science, Consciousness and Spirituality. You are welcome to contact Olive at the Centre on 07 3207 7536, to arrange a special time to view any films you are particularly interested in seeing.

For a list of our films, contact Olive at oliveb@hotkey.net.au or phone 07 3207 7536

May 31st 2009 (2pm – 4.30pm)

1. Edgar Cayce on Practical Spirituality
2. Teachings of Abraham
 - Addictions
 - Spirit guides and angels
 - Malevolent non physical entities?
 - Grief over lost lover
 - Why the name “Abraham”?
 - Choosing to be imprisoned?
 - A shift in Planetary Consciousness?

June 28th 2009 (2pm – 4.30pm)

1. Edgar Cayce on Dreams and Dreaming.
2. Teachings of Abraham
 - How can humans help animals?
 - Psychic Potions unblock energy?
 - Hating paying taxes
 - Abraham closes the workshop

10. Cayce Book Supplies

Our Cayce Book Supplies has a large range of books available at discount prices..

Check out our website: www.edgarcayceaustralia.com

or phone 07 3207 7536

or email oliveb@hotkey.net.au

11. Cayce Circulating Files

Medical, Non-Medical and Research Bulletins available in Australia at Edgar Cayce Australia Centre, Victoria Point, QLD.

Enquiries:- phone or email –see above

12. Cayce Study Groups in Australia

Queensland

Townsville:

George Wilcox
Phone: 07 4721 4289

Brisbane (Runcorn)

Ken Hegarty
After hours Phone: 07 33441549

Brisbane (Moorooka):

Jan Childs
Phone: 07 3848 7007

Redland City (Victoria Point)

Olive Bell
Phone: 07 3207 7536

New South Wales

Sydney (Strathfield)

Rosie Maltos
Phone: 02 9763 1104

Sydney (Coff's Harbour)

Sue Hallam
Phone: 02 6651 9049

Victoria

Melbourne (Tullamarine)

Donna Crusiz
Phone: 03 9330 1329

Melbourne Edgar Cayce

The Melbourne Prayer/Healing group meets at noon on the third Sunday of every month from February to November for group Prayer and Meditation.

We welcome visitors to come and join in with our activities. Our purpose is to promote healing of oneself, others and the world in general. The Prayer/Meditation is generally followed by a shared lunch and then open discussion and sharing or other arranged activities relating to the many varied areas of interest in the Edgar Cayce work.

‘A Search for God’ study group information is available on request during meetings. Those who may be interested in starting up their own study group can make arrangements to join in on some of the Melbourne’s study group meetings. This would enable a further look into how ‘A Search for God’ study group works.

For information, please contact:

Donna Crusiz

Telephone: (03) 9330 1329

Email: edgarcaycemelbourne@gmail.com

13. How to Contact Us

Australian Coordinator & Lighthouse Newsletter – Olive Bell

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QLD 4165

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Telephone: 07 3207 7536

New Zealand Coordinator & Rainbow Journal - Brian Alderson

By Post: 24 Peterswool Rd
Elizabeth Park,
South Australia 5113

Email: rainbowjournal@live.com

or edgarcaycenz@yahoo.co.nz

Telephone 08 8252 8131

14. Subscriptions

E-mail Subscribers:	FREE
Australian Postal Subscribers:	A\$15
New Zealand Postal:	NZ\$20

15. Our Mission

The Mission of Edgar Cayce Australia and New Zealand is based on the same mission of the Association for Research and Enlightenment in the U.S.A., which is simply to help people change their lives for the better through the ideas and information in the Edgar Cayce material.

Through our collection of books, newsletters, services, and membership outreach and with our association with the A.R.E., Edgar Cayce Australia and New Zealand are looking to provide individuals from all walks of life, levels of education, and religious backgrounds with tools for personal empowerment and healing at all levels – body, mind, and spirit.